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| **Depression - Child** | |
| **Protocol Id:** | 120501 |
| **Description of Protocol** | The Center for Epidemiological Studies Depression Scale for Children (CES-DC) is a 20 item self report instrument that measures depressive symptoms in children ages 6 through 17. |
| **Specific Instructions** | None |
| **Protocol:** | Below is a list of the ways you might have felt or acted. Please check how *much* you have felt this way during the *past week*.  **DURING THE PAST WEEK**  1. I was bothered by things that usually don’t bother me.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  2. I did not feel like eating, I wasn’t very hungry.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  3. I wasn’t able to feel happy, even when my family or friends tried to help me feel better.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  4. I felt like I was just as good as other kids.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  5. I felt like I couldn’t pay attention to what I was doing.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  **DURING THE PAST WEEK**  6. I felt down and unhappy.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  7. I felt like I was too tired to do things.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  8. I felt like something good was going to happen.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  9. I felt like things I did before didn’t work out right.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  10. I felt scared.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  **DURING THE PAST WEEK**  11. I didn’t sleep as well as I usually sleep.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  12. I was happy.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  13. I was more quiet than usual.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  14. I felt lonely, like I didn’t have any friends.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  15. I felt like kids I know were not friendly or that they didn’t want to be with me.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  **DURING THE PAST WEEK**  16. I had a good time.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  17. I felt like crying.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  18. I felt sad.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  19. I felt people didn’t like me.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot  20. It was hard to get started doing things.           [ ] Not at all           [ ] A little           [ ] Some           [ ] A lot |
| **Selection Rationale** | The Center for Epidemiological Studies Depression Scale for Children (CES-DC) was vetted against similar depression protocols for children and chosen because it is a free, validated self-report instrument that easy to administer and score. |
| **Source** | Weissman, M. M., Orvaschel, H., & Padian, N. (1980). Children's symptom and social functioning selfreport scales: Comparison of mothers' and children's reports. *Journal of Nervous Mental Disorders*, *168*(12), 736-740.  Faulstich, M. E., Carey, M. P., Ruggiero. L., et al. (1986). Assessment of depression in childhood and adolescence: An evaluation of the Center for Epidemiological Studies Depression Scale for Children (CES-DC). *American Journal of Psychiatry*, *143*(8), 1024-1027. |
| **Language** | English |
| **Participant** | Child/Adolescent Age 6 -17.  Can be administered to young children by an adult proxy. |
| **Personnel and Training Required** | None |
| **Equipment Needs** | None |
| **Standards:** | |  |  |  |  | | --- | --- | --- | --- | | **Standard** | **Name** | **ID** | **Source** | | Common Data Element (CDE) | Adult Depression Assessment Score | 3075438 | [CDE Browser](https://cdebrowser.nci.nih.gov/CDEBrowser/search?elementDetails=9&FirstTimer=0&PageId=ElementDetailsGroup&publicId=3075438&version=1.0) | | Logical Observation Identifiers Names and Codes (LOINC) | Depression child proto | 62723-2 | [LOINC](http://s.details.loinc.org/LOINC/62723-2.html?sections=Web) | |
| **General references** | American Psychiatric Association (2000). *Diagnostic and statistical manual of mental disorders: DSM-IV-TR*. Washington, DC: Author. |
| **Protocol Type** | Self- or proxy-administered questionnaire |
| **Derived Variables** | None |
| **Requirements** | |  |  | | --- | --- | | **Requirement Category** | **Required** | | Major equipment  This measure requires a specialized measurement device that may not be readily available in every setting where genome wide association studies are being conducted. Examples of specialized equipment are DEXA, Echocardiography, and Spirometry | No | | Specialized training  This measure requires staff training in the protocol methodology and/or in the conduct of the data analysis. | No | | Specialized requirements for biospecimen collection  This protocol requires that blood, urine, etc. be collected from the study participants. | No | | Average time of greater than 15 minutes in an unaffected individual  Average time of greater than 15 minutes in an unaffected individual | No | |
| **Process and Review:** | The Expert Review Panel has not reviewed this measure yet. |