

COVID-19 Household Environment Scale (CHES)

Social Distancing is the practice of reducing physical contact with people outside of the home (e.g., in social, work, or school settings) to avoid transmission of COVID-19 (Coronavirus).

Personal Information

Age _____
Gender: Male ___ Female ___ Nonbinary ___
Country where you currently live _____ If you are currently living in the US, please provide your zip code: _____
Years living in current country _____

What is the highest grade of school you've completed?

- No formal education completed
- 1st to 8th grade
- 9th to 11th grade
- GED (high school equivalent)
- High school diploma
- Some college/university
- College/university degree

Household Information

Total number of people living in the home (including yourself)? _____
Number who are not members of the family (e.g., friends, roommates, renters) _____
Number of adults aged 65 or above _____
Number of adults requiring caregiving due to health problems or disability (not due to COVID-19) ____
Number of children: under age 5 _____ ages 5-11 _____ ages 12-18 _____
Number of children with a disability or special healthcare need _____
Number of bedrooms in the home _____
Do you or your family own the home? Yes _____; No _____

COVID-19 information

Time practicing social distancing

- a. Less than one week
- b. One week to one month
- c. One to two months
- d. More than two months

Are you currently practicing social distancing? Yes _____; No _____

Did anyone in your home have symptoms of COVID-19? Yes _____; No _____

If yes, did they get tested? Yes _____; No _____

If yes, was it a diagnosed case (a positive result)? Yes _____; No _____

If yes, did it require hospitalization? Yes _____; No _____

Has anyone in your family (in or outside of your home) passed away from COVID-19 or related complications? Yes _____; No _____

During the COVID-19 pandemic are/were you or anyone in the home working in healthcare with direct patient contact? Yes _____; No _____

During the pandemic, are/were you or anyone in the home working in a job that you considered to be high risk for contracting COVID-19?

Yes____; No____

Of the adults in the home, how many are working from home? ____

Of the adults in the home, how many stopped working as result of COVID-19? ____

Citation:

Behar-Zusman, V., Chavez, J. V., & Gattamorta, K. (2020). Developing a Measure of the Impact of COVID-19 Social Distancing on Household Conflict and Cohesion. *Family Process*, DOI: 10.1111/famp.12579.

Items come from pages 1-2 (Section 1) from full document "COVID-19 Household Environment Scale (CHES)"