At-Risk Populations questions

<table>
<thead>
<tr>
<th>A lot</th>
<th>Somewhat</th>
<th>A little</th>
<th>Not at all</th>
</tr>
</thead>
<tbody>
<tr>
<td>21. Have recommendations for socially distancing caused stress for you?</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>22. Have recommendations for socially distancing caused stress for your families and loved ones?</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>23. In the past two weeks have you experienced the following as a result of covid-19?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ Not enough money to pay rent</td>
<td>☐ Not enough money to pay for gas</td>
<td>☐ Not enough money to pay for food</td>
<td>☐ Did not have a regular place to sleep or stay</td>
</tr>
<tr>
<td>24. In the past two weeks has your family experienced the following as a result of covid-19?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ Not enough money to pay rent</td>
<td>☐ Not enough money to pay for gas</td>
<td>☐ Not enough money to pay for food</td>
<td>☐ Did not have a regular place to sleep or stay</td>
</tr>
<tr>
<td>25. To cope with social distancing and isolation, are you doing any of the following?</td>
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<tr>
<td>☐ Taking breaks from watching, reading, or listening to news stories, including social media.</td>
<td>☐ Taking care of your body, such as taking deep breaths, stretching, or meditating.</td>
<td>☐ Engaging in healthy behaviors like trying to eat healthy, well-balanced meals, exercising regularly, getting plenty of sleep, or avoiding alcohol and drugs.</td>
<td>☐ Making time to relax.</td>
</tr>
<tr>
<td>☐ Connecting with others, including talking with people you trust about your concerns and how you are feeling.</td>
<td>☐ Contacting a healthcare provider</td>
<td>☐ Smoking more cigarettes or vaping more</td>
<td>☐ Drinking alcohol</td>
</tr>
<tr>
<td>☐ Using prescription drugs (like valium, etc.)</td>
<td>☐ Using non-prescription drugs</td>
<td>☐ Using cannabis or marijuana</td>
<td>☐ Eating high fat or sugary foods</td>
</tr>
<tr>
<td>☐ Cutting or self-injury</td>
<td>☐ Over exercise</td>
<td>☐ Eating more food than usual</td>
<td>☐ Eating less food than usual</td>
</tr>
<tr>
<td>26. In the past week have the following behaviors increased in your household:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ Interpersonal conflict with family members or loved ones</td>
<td>☐ Snapping at or yelling at family members</td>
<td>☐ Corporal punishment of children</td>
<td>☐ Corporal punishment of pets</td>
</tr>
</tbody>
</table>

Contains items 21-26 (section "At-Risk Populations questions") and was renumbered from the full document "CDC COVID-19 Community Survey Question Bank"