

Thank you for agreeing to participate in our ongoing survey which focuses on the impact of the novel coronavirus (COVID-19). We will send you a reminder to check in once every fourteen days, on [day of the week], to let us know how the coronavirus epidemic is affecting you.

Mental Health and Substance Use

cr026_intro, (cr026a – cr026g)

Out of the past seven days, what is your best estimate of the number of days that you did each of the following activities?

[randomize the order of items]

[Radio buttons 0-7] Drank alcohol

[Radio buttons 0-7] Used cannabis products such as marijuana

[Radio buttons 0-7] Used recreational drugs other than alcohol or cannabis products

[Radio buttons 0-7] Meditated

[Radio buttons 0-7] Got extra exercise

[Radio buttons 0-7] Made time to relax

[Radio buttons 0-7] Connected socially with friends or family (either online or in person).

cr027_intro, (cr027a – cr027d)

Over the past fourteen days, how often have you been bothered by any of the following problems?

Feeling nervous, anxious, or on edge	Not at all	Several days	More than half the days	Nearly every day
Not being able to stop or control worrying				
Feeling down, depressed, or hopeless				
Little interest or pleasure in doing things				

cr028_intro, (cr028a – cr028d)

In the past fourteen days, how often have you felt:

	Never	Almost Never	Sometimes	Fairly Often	Very Often
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That you were unable to control the important things in your life?					
Confident about your ability to handle personal problems?					
That things were going your way?					
Difficulties were piling up so high that you could not overcome them?					

cr029_intro, (cr029a – cr029d)

Have any of the following things happened to you due to people thinking you might have the coronavirus? [\[Randomize the order of items in the list\]](#)

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|-----|----|--------|---|
| Yes | No | Unsure | You were treated with less courtesy and respect than other people. |
| Yes | No | Unsure | You received poorer service than other people at restaurants or stores. |
| Yes | No | Unsure | People acted as if they were afraid of you. |
| Yes | No | Unsure | You were threatened or harassed. |