

**1986 Study PROs COVID Supplemental Items
10-22-2020**

The following questions ask about your life since the beginning of the COVID-19 pandemic.

1. Please indicate whether the following statements were *OFTEN*, *SOMETIMES* or *NEVER* true for you.

Since the start of the COVID-19 pandemic, the food I had just did not last, and I did not have money to get more.

- Often true
- Sometimes true
- Never true

2. Since the start of the COVID-19 pandemic, I could not afford to eat balanced meals.

- Often true
- Sometimes true
- Never true

3. How, if at all, have each of the following changed for you since the start of the COVID-19 pandemic? Better, worse, or about the same than before the start of COVID?

Compared to before COVID, is ...	Better	Worse	About the Same	Not sure
Your financial situation...				
Your ability to get a good night's sleep...				
Your overall level of exercise...				
Your housing status...				
Your ability to take your HIV medications as prescribed...				
Your contact with HIV providers...				
Your overall mental health...				
Your overall physical health...				
Your sense of connection to important people in your life...				

4. Please say how much you agree or disagree with the following statement:
The COVID-19 epidemic has shown me that I am stronger than I knew.

- Strongly disagree
- Disagree
- Neutral (neither agree nor disagree)
- Agree
- Strongly Agree

5. Overall, how has your alcohol use changed since COVID started? Select all that apply.

- Increased
- Decreased
- Stayed about the same or not sure
- I don't drink
- I started drinking again after being sober
- Prefer not to answer

6. Overall, how has your marijuana use changed since COVID started? Select all that apply.

- Increased
- Decreased
- Stayed about the same or not sure
- I don't use marijuana
- I started using marijuana again after not using it
- Prefer not to answer

7. Overall, how has your drug use changed since COVID started? This includes illegal or street drugs (such as methamphetamine, cocaine, heroin) and prescription drugs that were not prescribed for you (such as fentanyl or other prescription opioids). Select all that apply

- Increased
- Decreased
- Stayed about the same or not sure
- I don't use drugs
- I have changed the types of drugs I am doing
- I started using drugs again after being sober
- Prefer not to answer

8. Which of the following are true since the start of the COVID-19 pandemic? Select all that apply. Response options:

Y N Yes or No (or Does Not Apply to me)

- My alcohol or drug treatment has been disrupted
- I have had difficulty accessing recovery support services, such as AA or NA
- I have had difficulty accessing a safe supply of drugs, such as methadone
- I have had difficulty accessing harm reduction equipment, such as naloxone or clean injection supplies
- I have relapsed to drinking alcohol or using drugs
- I have had increased cravings for alcohol or drugs
- I have been more afraid of overdosing than I was before

9. Compared to the six months before the COVID-19 pandemic, would you say that you have been having

- More sex than before COVID
- Less sex than before COVID
- About the same amount of sex as before COVID
- Does not apply (not sexually active before and since COVID). (Skip next item)
- Not sure
- Prefer not to answer

10. How else has COVID-19 affected your sex life (select all that apply)

- I am more selective about who I have sex with
- I ask people whether they have or have had COVID or COVID symptoms before sex
- Before sex, I ask people whether they have been avoiding COVID risk (by keeping distant or wearing a mask)
- I have changed the types of sexual activities I have because of COVID-19
- I use condoms less
- I use condoms more
- I am choosing not to have sex