# COPE: Coronavirus Perinatal Experiences - Impact Survey (COPE-IS)

## ALL RESPONDENTS

### PART 4: COVID-19 SOCIAL SUPPORT ACTIVITIES

1. **How are you currently trying to meet your needs for social support?** (Check all that apply)
   - (1) Phone calls
   - (2) Electronic communication (e.g. email, text)
   - (3) Virtual (e.g. video call such as FaceTime)
   - (4) In-person
   - (5) Social Media (Facebook, Instagram)
   - (6) Other

2. **Who are you receiving social support from?** (Check all that apply)
   - (1) Family
   - (2) Friends
   - (3) Religious community
   - (4) Mental health care provider
   - (5) Health care provider
   - (6) Nonprofit and community organizations
   - (7) Other

3. **Prior to the COVID-19 outbreak, how supported did you feel by your social network?**
   
   *(Likert scale 1-7, 1 = not supported, 7 = very supported)*

4. **Currently, how supported do you feel by your social network?**
   
   *(Likert scale 1-7; 1 = not supported, 7 = very supported)*
5. In general, what is the level of distress you have experienced with disruptions to your social support due to the COVID-19 outbreak?

(Likert scale 1-7, 1 = no distress, 7 = high distress)

*Questions #1-5 are listed as questions 13 – 17 in original survey