



COPE: Coronavirus Perinatal Experiences - Impact Survey (COPE-IS)

ALL RESPONDENTS

PART 4: COVID-19 SOCIAL SUPPORT ACTIVITIES

1. How are you currently trying to meet your needs for social support? (Check all that apply)

- (1) Phone calls
- (2) Electronic communication (e.g. email, text) (
- 3) Virtual (e.g. video call such as FaceTime)
- (4) In-person
- (5) Social Media (Facebook, Instagram)
- (6) Other

2. Who are you receiving social support from? (Check all that apply)

- (1) Family
- (2) Friends
- (3) Religious community
- (4) Mental health care provider
- (5) Health care provider
- (6) Nonprofit and community organizations
- (7) Other

3. Prior to the COVID-19 outbreak, how supported did you feel by your social network?

(Likert scale 1-7, 1 = not supported, 7 = very supported)

4. Currently, how supported do you feel by your social network?

(Likert scale 1-7; 1 = not supported, 7 = very supported)

5. In general, what is the level of distress you have experienced with disruptions to your social support due to the COVID-19 outbreak?

(Likert scale 1-7, 1 = no distress, 7 = high distress)

****Questions #1-5 are listed as questions 13 – 17 in original survey***

Suggested citation: Thomason, M.E., Graham, A., VanTieghem, M.R. (2020). The COPE-IS: Coronavirus Perinatal Experiences – Impact Survey.