

The CoRoNaVirus Health Impact Survey (CRISIS) V0.3

Adult Self-Report Baseline Current Form

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The CRISIS questionnaires were developed through a collaborative effort between the research teams of Kathleen Merikangas and Argyris Stringaris at the National Institute of Mental Health Intramural Research Program Mood Spectrum Collaboration, and those of Michael P. Milham at the Child Mind Institute and the NYS Nathan S. Kline Institute for Psychiatric Research.

Content contributors and consultants: Evelyn Bromet, Stan Colcombe, Kathy Georgiadis, Dan Klein, Giovanni Salum

Coordinators: Lindsay Alexander, Ioanna Douka, Julia Dunn, Diana Lopez, Anna MacKayBrandt, Ken Towbin

Technical and Editing Support: Irene Droney, Beth Foote, Jianping He, Georgia O'Callaghan, Judith Milham, Courtney Quick, Diana Paksarian, Kayla Sirois

Our team encourages advanced notification of any media, scientific reports or publications of data that have been collected with the CRISIS (merikank@mail.nih.gov), though this is not required. We also encourage voluntary data sharing for the purpose of psychometric studies that will be led by Dr. Stringaris (argyris.stringaris@nih.gov).

Identification Number:

Country:

State/Province/Region:

Your age (years):

DAILY BEHAVIORS (PAST TWO WEEKS)

During the PAST TWO WEEKS:

1. ... on average, what time did you go to bed on WEEKDAYS?
 - a. Before 9 pm
 - b. 9 pm-11 pm
 - c. 11 pm-1 am
 - d. After 1 am

2. ... on average, what time did you go to bed on WEEKENDS?
 - a. Before 9 pm
 - b. 9 pm-11 pm
 - c. 11 pm-1 am
 - d. After 1 am

3. ... on average, how many hours per night did you sleep on WEEKDAYS?
 - a. <6 hours
 - b. 6-8 hours
 - c. 8-10 hours
 - d. >10 hours

4. ... on average, how many hours per night did you sleep on WEEKENDS?
 - a. <6 hours
 - b. 6-8 hours
 - c. 8-10 hours
 - d. >10 hours

5. ... how many days per week did you exercise (e.g., increased heart rate, breathing) for at least 30 minutes?
 - a. None
 - b. 1-2 days
 - c. 3-4 days
 - d. 5-6 days
 - e. Daily

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- 6. ... how many days per week did you spend time outdoors?**
- a. None
 - b. 1-2 days
 - c. 3-4 days
 - d. 5-6 days
 - e. Daily

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