COVID-19 Experiences (COVEX)

Suggested citation
Section 8: Pregnancy-Related Questions

This section may be useful to assess pregnant women during the COVID-19 outbreak. If not relevant to your study, go to Section 9.

1. How worried have you been that you might get COVID-19 while pregnant?
   - Not at all
   - Slightly
   - Somewhat
   - Moderately
   - Very much

2. How worried have you been that your baby might get COVID-19?
   - Not at all
   - Slightly
   - Somewhat
   - Moderately
   - Very much

3. Has COVID-19 negatively impacted your expectations about your pregnancy/birth?
   - Not at all
   - Slightly
   - Somewhat
   - Moderately
   - Very much

4. Now, I'm going to read a list of things that might have made you worry or feel more stressed about your pregnancy or giving birth.

   Please tell me how much each of these might have caused you more stress or worry.

   4a. Disruptions to prenatal care
       - Not at all
       - Slightly
       - Somewhat
       - Moderately
       - Very much

   4b. Quarantine/isolation
       - Not at all
       - Slightly
       - Somewhat
       - Moderately
       - Very much

   4c. Separation from family members
       - Not at all
       - Slightly
       - Somewhat
       - Moderately
       - Very much

   4d. Loss of income/finances
       - Not at all
       - Slightly
       - Somewhat
       - Moderately
       - Very much

   4e. Difficulty obtaining essential resources (food, water, cleaning supplies)
       - Not at all
       - Slightly
       - Somewhat
       - Moderately
       - Very much
4f. Giving birth/delivery in hospital because afraid of being exposed to COVID

- Not at all
- Slightly
- Somewhat
- Moderately
- Very much

4g. Giving birth/delivery in hospital because afraid I would be separated from baby

- Not at all
- Slightly
- Somewhat
- Moderately
- Very much

5. What trimester were you in when you experienced the most stress due to COVID-19?

- First trimester
- Second trimester
- Third trimester