

Nutrition

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| 13.1. | During the COVID-measures, did you worry that your household would not have enough food? | 1 No
2 Yes, but less than before
3 Yes, but not more than before
4 Yes, more than before |
| 13.2. | During the COVID-measures, were you or any household member not able to eat the kinds of foods you preferred because of a lack of resources? | 1 No
2 Yes, but less than before
3 Yes, but not more than before
4 Yes, more than before |
| 13.3. | During the COVID-measures, did you or any household member eat less in either the morning or evening meal than you felt you needed because there was not enough food? | 1 No
2 Yes, but less than before
3 Yes, but not more than before
4 Yes, more than before |
| 13.4. | During the COVID-measures, were your household food stores ever completely empty and there was no way of getting more? | 1 No
2 Yes, but less than before
3 Yes, but not more than before
4 Yes, more than before |
| 13.5. | During the COVID measures, did you increase your consumption of foods of low nutritional value (e.g. fast food)? | 1 No
2 Yes, a bit
3 Yes, a lot |
| 13.6. | During the COVID measures, did you increase your food consumption in general? | 1 No
2 Yes, a bit
3 Yes, a lot |