CHANGES IN OTHER ACTIVITIES

1. DURING the COVID-19 outbreak, have you ever missed any of the following or had any of the following cancelled?

	Yes	No	
a. Birthday party			
b. Wedding			
c. Funeral			
d. Religious celebrations			
e. Planned vacation or trip			
f. Visit with family or friend in the hospital			
 g. Visit with family or friend in a nursing home, assisted living, group home or other care facility 			
h. Sporting events, concerts or plays			

2. DURING the COVID-19 outbreak, in a typical week, how often have you left your home to go to the following places?

	At least daily	A few days a week	About once a week	Less than once a week	Have not left home
a. Just outside my home, in my yard, or on my deck or patio					
b. In my immediate neighborhood					
c. Outside of my immediate neighborhood					



3. DURING the COVID-19 outbreak, in a typical week, have you spent more or less time than you did before the outbreak:

		More	Less	Same amount	Didn't do before and during
	a. Walking for exercise				
	b. Doing vigorous activities				
	c. Eating, including snacking				
	d. Drinking alcohol				
	e. Smoking or vaping				
	f. Watching TV or online programs or movies				
	g. Sleeping				
١.	DURING the COVID-19 outbreak providing care to someone else did or didn't do before and during	? If no ch	nange, ple		
				Did before and	Didn't do before and

	Started	Stopped	and during	and during
a. Providing care for or looking after a child or grandchild				
 b. Providing care to an adult who needs help with daily activities 				



5. BEFORE the COVID-19 outbreak, were you doing any of the following activities either online or in person?

	Yes online	Yes in person	Didn't do before
a. Working for pay (or in a business that you own)			
b. Volunteering			
c. Attending religious services			
 Attending clubs, classes or other organized activities 			

6. DURING the COVID-19 outbreak, have you done any of the following activities either online or in person?

	Yes online	Yes in person	Didn't do during
a. Working for pay (or in a business that you own)			
b. Volunteering			
c. Attending religious services			
 Attending clubs, classes or other organized activities 			

7. During the COVID-19 outbreak, have you learned a new technology or program to go online? This includes learning to use a smartphone, computer or iPad or a program like Zoom or FaceTime.

Yes
→ Please answer Question 36

- No → Please **go to Question 37**, next page
- 8. Has anyone helped you with that or did you learn that on your own?

Yes, someone helped

No, learned it on my own



9. BEFORE the COVID-19 outbreak, in a typical month, how often did you use each of these methods to get your groceries?

	More than once a week	About once a week	A few times a month	Less than once a month	Never
a. I went to the store <u>by</u> <u>myself</u>					
b. I went to the store <u>with</u> someone else					
c. Someone else went to the store <u>for</u> me					

10. BEFORE the COVID-19 outbreak, in a typical month, how often did you use each of these methods to order groceries online?

	More than once a week	About once a week	A few times a month	Less than once a month	Never
a. I ordered my groceries online <u>by myself</u>					
 b. I ordered my groceries online <u>with</u> someone else 					
c. Someone else ordered my groceries online <u>for</u> me					



11. DURING the COVID-19 outbreak, in a typical month, how often have you used each of these methods to get your groceries?

	More than once a week	About once a week	A few times a month	Less than once a month	Never
a. I went to the store by myself					
b. I went to the store with someone else					
c. Someone else went to the store <u>for</u> me					

12. DURING the COVID-19 outbreak, in a typical month, how often have you used each of these methods to order groceries online?

	More than once a week	About once a week	A few times a month	Less than once a month	Never
a. I ordered my groceries online <u>by myself</u>					
 b. I ordered my groceries online <u>with</u> someone else 					
c. Someone else ordered my groceries online <u>for</u> me					

