

## WHAT WE MEAN BY DURING THE COVID-19 OUTBREAK

1. *Many of the questions in this booklet ask you to think about BEFORE and DURING the COVID-19 outbreak. In most places, the effects of the outbreak first began in March 2020. In some places, the outbreak and its effects on daily life may still be ongoing; in others, the outbreak and its effects may have ended.*

### Is the COVID-19 outbreak still affecting daily life in your State?

Yes “During the COVID-19 outbreak” means from March 2020 until now → Please go to **Question 12**, next page

No → Please answer Question 11

### 2. In what month would you say that the outbreak ended in your State?

- April 2020
- May 2020
- June 2020
- July 2020
- August 2020
- September 2020
- October 2020
- November 2020
- December 2020

*“During the COVID-19 outbreak” means from March 2020 until the month marked here*

## MEASURES TO LIMIT SPREAD OF COVID-19

3. DURING the COVID-19 outbreak, have you ever done the following to keep the disease from spreading?

	Yes	No	Does not apply
a. Frequently wash your hands or use sanitizer	<input type="checkbox"/>	<input type="checkbox"/>	
b. Avoid contact with people living with you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Avoid contact with people <u>not</u> living with you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Stay at least 6 feet away from people not living with you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Limit group gatherings like get-togethers with family <u>not</u> living with you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Avoid being in restaurants and bars	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Limit shopping and other errands	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. Wear a face mask when going out	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. Avoid touching your face when you are out	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Contains items 10-12 (sections "WHAT WE MEAN BY DURING THE COVID-19 OUTBREAK" and "MEASURES TO LIMIT SPREAD OF COVID-19") and was renumbered from the full document "National Health and Aging Trends Study COVID-19 Questionnaire"