

RTI COVID-India**Section E. Mental Health and Wellbeing**

CVE001. **[Core]** Over the last two weeks, how often have you been bothered by any of the following problems?

- [1. All the time; 2. Frequently; 3. Occasionally; 4. Rarely]
- a. Feeling nervous or anxious
 - b. Unable to stop worrying
 - c. Feeling down, depressed or hopeless
 - d. Little interest or pleasure in doing things

CVE002. **[Core]** How has the coronavirus pandemic impacted your family's life? [\[Do not prompt, mark all that apply\]](#)

1. Unable to access healthcare
2. We lost work/jobs
3. We lost income
4. Facing discrimination
5. Impacted my social/religious activities
6. Disrupted education of me or my family members
7. Other (specify)

CVE003. How concerned are you about each of the following impacts of coronavirus?

- [1. Not at all concerned; 2. Somewhat concerned; 3. Very concerned; 4. Extremely concerned]
- a. Fear of infection/death in your family
 - b. Feeling lonely/cannot meet relatives or friends
 - c. Increased stress among household members

CVE004. What have you done to cope with the coronavirus pandemic? [\[Check all that apply\]](#)

1. Consult/seek consolation from friends and family
2. Picked up a hobby (e.g. reading, gardening)
3. Exercise/physical activities
4. Yoga, meditation, and other relaxation techniques
5. Volunteering/reach out to help others
6. Watch TV/video
7. Spirituality/prayer
8. Other (specify)
9. Nothing particular

CVE005. When do you think we can recover from the coronavirus pandemic? How likely do you think we will be able to get back to normal life in the next 6-months?

1. Very likely 2. Likely 3. Unlikely 4. Very unlikely

Thanks for your participation