

Social Media/Screen Time

Time Spent in Front of a Screen (Tier 2)

Child Self-Report (Ages 13+)*/Parent Report About Child

ON MOST WEEKDAYS, about how much time did [you/your child] spend in front of a TV, computer, cellphone or other electronic device watching programs, playing games, accessing the Internet or using social media? Do not include time spent doing schoolwork.

- Less than 1 hour
- 1 hour
- 2 hours
- 3 hours
- 4 or more hours

Compared to before the COVID-19 outbreak (before March 2020), how much are [you/your child] now doing of the following:

Spending time watching TV/videos (such as YouTube), playing video/computer games, or using social media for educational purposes, including schoolwork

- Less
- Same amount
- More

Spending time watching TV/videos (such as YouTube), playing video/computer games, or using social media for non-educational purposes

- Less
- Same amount
- More