

Well-being Factors

Well-Being

Child Self-Report (Ages 13+)

	Not at all	Rarely	Sometimes	Often	Very often
Since becoming aware of the COVID-19 outbreak, how often have you felt happy and satisfied with your life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Parent about child (Age 1+)

	Not at all	Rarely	Sometimes	Often	Very often
Since becoming aware of the COVID-19 outbreak, how often has your child seemed happy and satisfied with his/her life?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Well-being (Tier 2)

NIH Toolbox Positive Affect Fixed Form v2.0

Child Self-Report (Ages 8-12)

In the past 7 days,

	Not at all	A little bit	Somewhat	Quite a bit	Very much
I felt attentive	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt delighted	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt calm	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt at ease	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt enthusiastic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt interested	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt confident	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt energetic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt able to concentrate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Child Self-Report (Ages 13-17)

In the past 7 days,

	Not at all	A little bit	Somewhat	Quite a bit	Very much
I felt cheerful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt attentive	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I felt delighted	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt joyful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt at ease	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt enthusiastic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt interested	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt peaceful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt good-natured	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt content	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Parent Report About Child (Ages 3-12)

In the past 7 days,

	Not at all	A little bit	Somewhat	Quite a bit	Very much
My child was cheerful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My child was delighted	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My child was inspired	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My child was happy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My child was alert	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My child was joyful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My child was enthusiastic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My child was interested	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My child was confident	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Coping Strategies (Tier 2)

Child Self-Report (Ages 13+)

What have you done to cope with your stress related to the COVID-19 outbreak?
(Mark all that apply)

- Arts and crafts projects
- Cooking/baking
- Drinking alcohol
- Engaging in more family activities (e.g., games, sports)
- Exercising/walking
- Increasing time reading books, or doing activities like puzzles and crosswords
- Meditation and/or mindfulness practices
- Spiritual/religious practices
- Talking to my healthcare providers more frequently, including mental healthcare providers (e.g., therapists, psychologists, counselors)
- Texting, calling or video-calling family members or friends
- Using tobacco (e.g., smoking), using marijuana (e.g., smoking, edibles), vaping
- Volunteer work
- I have not done any of these things to cope with the COVID-19 outbreak

Parent Report About Child (Ages 8+)

Which of the following strategies [have been/were] helpful to YOUR CHILD while staying at home because of the COVID-19 outbreak?

- Arts and crafts projects
- Cooking/baking
- Engaging in more family activities (e.g., games, sports)
- Exercising/walking
- Increasing time reading books, or doing activities like puzzles and crosswords
- Meditation and/or mindfulness practices
- Spiritual/religious practices
- Talking to healthcare providers more frequently, including mental healthcare providers (e.g., therapists, psychologists, counselors)
- Texting, calling or video-calling family members or friends
- Volunteer work
- My child has not done any of these things to cope with the COVID-19 outbreak

Loneliness (Tier 2)**Child Self-Report (Ages 13+)***

Is your life lonelier because of the COVID-19 pandemic?

Yes No