Domain: Health Related Behaviors

Pre-Pregnancy and Current Alcohol Use (Tier 2)

- In the month before you became pregnant, how often did you have a drink containing alcohol?\(^{65}\)
  - Never \(\rightarrow skip\) the next 2 questions
  - Monthly or less
  - 2-4 times a month
  - 2-3 times a week
  - 4 or more times a week

- In the month before you became pregnant, how many standard drinks containing alcohol did you have on a typical day? (A standard drink is one 12-oz bottle/can of beer, one 5 oz glass of wine, or one 1.5 oz shot of liquor)\(^{66}\)
  - 1 or 2
  - 3 or 4
  - 5 or 6
  - 7 to 9
  - 10 or more

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\(^{61}\) Pittsburgh Hill / Homewood Research on Neighborhood Change and Health (PHRESH)

\(^{62}\) PhenX: 3-item loneliness scale, UCLA Loneliness Scale

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\(^{65}\) All of Us Research Program: COVID-19 Participant Experience Survey (COPE)

\(^{66}\) All of Us Research Program: COVID-19 Participant Experience Survey (COPE)
• In the month before you became pregnant, how often did you have four or more standard drinks on one occasion? (A standard drink is one 12-oz bottle/can of beer, one 5 oz glass of wine, or one 1.5 oz shot of liquor)⁶⁷
  - Never
  - Less than monthly
  - Monthly
  - Weekly
  - Daily or almost daily

• In the past month, how often did you have a drink containing alcohol?⁶⁸
  - Never → skip the next 2 questions
  - Monthly or less
  - 2-4 times a month
  - 2-3 times a week
  - 4 or more times a week

• In the past month, how many standard drinks containing alcohol did you have on a typical day? (A standard drink is one 12-oz bottle/can of beer, one 5 oz glass of wine, or one 1.5 oz shot of liquor)⁶⁹
  - 1 or 2
  - 3 or 4
  - 5 or 6
  - 7 to 9
  - 10 or more

• In the past month, how often did you have four or more standard drinks on one occasion? (A standard drink is one 12-oz bottle/can of beer, one 5 oz glass of wine, or one 1.5 oz shot of liquor)⁷⁰
  - Never
  - Less than monthly
  - Monthly
  - Weekly
  - Daily or almost daily

Current Opioid Use (Tier 2)

• In the past month, how frequently have you used opiates, heroin, or other narcotics? (including prescription narcotics like Vicodin and OxyContin, etc.)⁷¹
  - Not at all
  - Rarely
  - Once a month
  - Several times a month
  - Once a week
  - Several times a week
  - Once a day
  - More than once a day

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⁶⁷ All of Us Research Program: COVID-19 Participant Experience Survey (COPE)
⁶⁸ All of Us Research Program: COVID-19 Participant Experience Survey (COPE)
⁶⁹ All of Us Research Program: COVID-19 Participant Experience Survey (COPE)
⁷⁰ All of Us Research Program: COVID-19 Participant Experience Survey (COPE)
⁷¹ Coronavirus Health Impact Survey (CRISIS)
Current Weekday Hours of Sleep (Tier 2)

- In the past seven days was your sleep was restless?\textsuperscript{72}
  - Not at all
  - A little bit
  - Somewhat
  - Quite a bit
  - Very much

- In the past seven days what was your sleep quality?\textsuperscript{73}
  - Very poor
  - Poor
  - Fair
  - Good
  - Very good

\textsuperscript{72} Pittsburgh Hill / Homewood Research on Neighborhood Change and Health (PHRESH)
\textsuperscript{73} Pittsburgh Hill / Homewood Research on Neighborhood Change and Health (PHRESH)