## Psychosocial Impact of COVID-19 Survey

Please answer the questions below by selecting the number that best represents how much you agree with the following statements over the PAST TWO WEEKS...

## SOCIAL DISTANCING:

Social distancing means remaining away from settings where one would gather with others, avoiding mass gatherings, and maintaining a distance of approximately 6 feet (or 2 meters) from others whenever possible, outside of family members.

In t	he L	AST	ΓWΩ	WEEKS	١.

1.	How much has your time with other people changed compared to how you acted before
	the COVID-19 outbreak?

2. How much have you been social distancing

Not at all... ...At all times

1 2 3 4 5 6 7 8 9 10

3. How stressful has it been for you to maintain social distancing?

Not at all ...Extremely stressful stressful ...

1 2 3 4 5 6 7 8 9 10

Is there anything else you would like to tell us that might be important that we did not ask about?

We appreciate your responses. Please know that because the study is being done online and your responses will not be monitored in real time, we will not be making contact  $6/2/20 \, v3$ 

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with you. If you have any emergent issues or are feeling unsafe, please use the crisis text line, text "home" to 741 741, the SAMHSA National Hotline 1-800-622-4357 or the National Suicide Lifeline 1-800-273-TALK (8255) which is operated 24 hrs. a day, 7 days a week.

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