The next questions ask how often you have been in contact with **FAMILY not living with you** since the start of the pandemic.

1a. Since the start of the pandemic, during a typical week, how often have you had phone calls with **FAMILY not living with you**?

   **Would you say...**

   1. □ At least daily
   2. □ A few times a week
   3. □ About once a week
   4. □ Less than once a week
   5. □ Never

1b. Compared to before the pandemic, would you say this is ...

   1. □ A lot more often
   2. □ A little more often
   3. □ A little less often
   4. □ A lot less often
   5. □ About the same

2a. Since the start of the pandemic, during a typical week, how often have you used **emails, texts, or social media messages** to contact **FAMILY not living with you**? This includes Facebook messages.

   **Would you say...**

   1. □ At least daily
   2. □ A few times a week
   3. □ About once a week
   4. □ Less than once a week
   5. □ Never

2b. Compared to before the pandemic, would you say this is ...

   1. □ A lot more often
   2. □ A little more often
   3. □ A little less often
   4. □ A lot less often
   5. □ About the same
3a. Since the start of the pandemic, during a typical week, how often have you used **video calls** (such as Zoom, FaceTime, other online videos) to contact **FAMILY not living with you**?

Would you say...

1 □ At least daily  
2 □ A few times a week  
3 □ About once a week  
4 □ Less than once a week  
5 □ Never

3b. Compared to before the pandemic, would you say this is ...

1 □ A lot more often  
2 □ A little more often  
3 □ A little less often  
4 □ A lot less often  
5 □ About the same

4a. Since the start of the pandemic, during a typical week, how often have you had **in person visits** (this includes visits through windows) with **FAMILY not living with you**?

Would you say...

1 □ At least daily  
2 □ A few times a week  
3 □ About once a week  
4 □ Less than once a week  
5 □ Never

4b. Compared to before the pandemic, would you say this is ...

1 □ A lot more often  
2 □ A little more often  
3 □ A little less often  
4 □ A lot less often  
5 □ About the same

5. Would you like to see family not living with you a lot more, a little more, a little less, a lot less, or about the same as you currently do?

1 □ A lot more than I do now  
2 □ A little more than I do now  
3 □ A little less than I do now  
4 □ A lot less than I do now  
5 □ About the same as now

The next questions ask how often you have been in contact with **FRIENDS not living with you** since the start of the pandemic.

6a. Since the start of the pandemic, during a typical week, how often have you had **phone calls** with **FRIENDS not living with you**?

Would you say...

1 □ At least daily  
2 □ A few times a week  
3 □ About once a week  
4 □ Less than once a week  
5 □ Never

6b. Compared to before the pandemic, would you say this is...

1 □ A lot more often  
2 □ A little more often  
3 □ A little less often  
4 □ A lot less often  
5 □ About the same
7a. Since the start of the pandemic, during a typical week, how often have you used emails, texts, or social media messages to contact FRIENDS not living with you? This includes Facebook messages.

Would you say...

1. At least daily
2. A few times a week
3. About once a week
4. Less than once a week
5. Never

7b. Compared to before the pandemic, would you say this is...

1. A lot more often
2. A little more often
3. A little less often
4. A lot less often
5. About the same

8a. Since the start of the pandemic, during a typical week, how often have you used video calls (such as Zoom, FaceTime, other online videos) to contact FRIENDS not living with you?

Would you say...

1. At least daily
2. A few times a week
3. About once a week
4. Less than once a week
5. Never

8b. Compared to before the pandemic, would you say this is...

1. A lot more often
2. A little more often
3. A little less often
4. A lot less often
5. About the same

9a. Since the start of the pandemic, during a typical week how often have you had in person visits (this includes visits through windows) with FRIENDS not living with you?

Would you say...

1. At least daily
2. A few times a week
3. About once a week
4. Less than once a week
5. Never

9b. Compared to before the pandemic, would you say this is...

1. A lot more often
2. A little more often
3. A little less often
4. A lot less often
5. About the same

10. Would you like to see friends not living with you a lot more, a little more, a little less, a lot less, or about the same as you do now?

1. A lot more than I do now
2. A little more than I do now
3. A little less than I do now
4. A lot less than I do now
5. About the same as now

This module uses Questions 21-30 and was renumbered from section "SOCIAL ACTIVITY AND ENGAGEMENT" (pages 7-9) from the full document "NSHAP COVID-19 Study"