

F. This next set of questions is about your behaviors that affect your health.

1. Thinking about the last 30 days, in a typical week, how many days did you do any physical activity or exercise of at least moderate intensity, such as brisk walking, bicycling at a regular pace, and swimming at a regular pace?
_____ days
 - a. Don't know
 - b. Prefer not to answer

2. Have you changed the frequency of your physical activity compared to BEFORE the COVID-19 pandemic?
 - a. Yes, I have engaged in MORE physical activity compared to before the pandemic
 - b. Yes, I have engaged in LESS physical activity compared to before the pandemic
 - c. No, I have been doing the SAME amount of physical activity compared to before the pandemic
 - d. Don't know
 - e. Prefer not to answer

3. Now think about the foods you ate or drank during the past month, that is, the past 30 days, including meals and snacks. Not including juices, how often did you eat fruit? Include fresh, frozen or canned fruit. Do not include dry fruits. You may specify the number of times per day, per week, or per month, whichever is easiest for you. Enter the number of times in the space below, and then mark if it is the number of times per day, per week, or per month.
- _____ times
- Per day
 - Per week
 - Per month
 - Don't know
 - Prefer not to answer
4. During the past 30 days, how often did you eat vegetables other than potatoes? Include things like salad, cooked dried beans, corn, and broccoli. Enter the number of times in the space below, and then mark if it is the number of times per day, per week, or per month.
- _____ times
- Per day
 - Per week
 - Per month
 - Don't know
 - Prefer not to answer
5. Have you changed the amount of fruit and vegetables you consume per day compared to BEFORE the COVID-19 pandemic?
- Yes, I have consumed MORE fruit and vegetables compared to before the pandemic
 - Yes, I have consumed LESS fruit and vegetables compared to before the pandemic
 - No, I have been consuming the SAME amount of fruit and vegetables compared to before the pandemic
 - Don't know
 - Prefer not to answer
6. In the past 30 days, on how many days have you had a drink of an alcoholic beverage?
- _____ days – Go to question 14 if 0.
- Don't know – Go to question 14
 - Prefer not to answer – Go to question 14
7. In the past 30 days, on how many days did you have 5 or more drinks on the same occasion?
- _____ days
- Don't know
 - Prefer not to answer
8. Have you changed the amount of alcohol you drink compared to BEFORE the COVID-19 pandemic?
- Yes, I have drunk MORE alcohol compared to before the pandemic
 - Yes, I have drunk LESS alcohol compared to before the pandemic
 - No, I have drunk the SAME amount of alcohol compared to before the pandemic
 - Don't know
 - Prefer not to answer

9. Have you changed the type of alcohol (beer, wine, liquor, etc.) you drink compared to BEFORE the COVID-19 pandemic?
- Yes
 - No – Go to question 13
 - Don't know – Go to question 13
 - Prefer not to answer – Go to question 13
10. Have you changed the amount of **beer** you drink compared to BEFORE the COVID-19 pandemic?
- Yes, I have drunk MORE beer compared to before the pandemic
 - Yes, I have drunk LESS beer compared to before the pandemic
 - No, I have drunk the SAME amount of beer compared to before the pandemic
 - Don't know
 - Prefer not to answer
11. Have you changed the amount of **wine** you drink compared to BEFORE the COVID-19 pandemic?
- Yes, I have drunk MORE wine compared to before the pandemic
 - Yes, I have drunk LESS wine compared to before the pandemic
 - No, I have drunk the SAME amount of wine compared to before the pandemic
 - Don't know
 - Prefer not to answer
12. Have you changed the amount of **liquor** you drink compared to BEFORE the COVID-19 pandemic?
- Yes, I have drunk MORE liquor compared to before the pandemic
 - Yes, I have drunk LESS liquor compared to before the pandemic
 - No, I have drunk the SAME amount of liquor compared to before the pandemic
 - Don't know
 - Prefer not to answer
13. Are you drinking more often alone since the COVID-19 pandemic?
- Yes
 - No
 - Don't know
 - Prefer not to answer
14. During the past 30 days, have you used any of the following tobacco or marijuana products?
Select all that apply.
- Cigarettes
 - Little cigars
 - Cigarillos (e.g., Black & Mild)
 - Hand-rolled cigarettes
 - Cigars (without marijuana)
 - Blunts (with marijuana)
 - Marijuana (rolled in a paper)

- h. Pipe
 - i. Bidi
 - j. Smokeless tobacco or dip
 - k. Electronic cigarettes containing nicotine
 - l. Electronic cigarettes containing marijuana
 - m. Hookah or waterpipe
 - n. Other (specify)
 - o. I have not used any tobacco or marijuana products in the past 30 days – Go to the next section
 - a. Don't know – Go to the next section
 - b. Prefer not to answer – Go to the next section
15. Have you changed the frequency of tobacco or marijuana use compared to BEFORE the COVID-19 pandemic?
- a. Yes, I have used tobacco or marijuana products MORE compared to before the pandemic
 - b. Yes, I have used tobacco or marijuana products LESS compared to before the pandemic
 - c. No, I have been using the SAME amount of tobacco or marijuana products compared to before the pandemic
 - d. Don't know
 - e. Prefer not to answer
16. Have you begun using a different tobacco or marijuana product in the past 30 days?
- a. Yes
 - b. No – Go to the next section
 - c. Don't know – Go to the next section
 - d. Prefer not to answer – Go to the next section
17. Which product(s) did you begin using in the past 30 days? Select all that apply.
- a. Cigarettes
 - b. Little cigars
 - c. Cigarillos (e.g., Black & Mild)
 - d. Hand-rolled cigarettes
 - e. Cigars (without marijuana)
 - f. Blunts (with marijuana)
 - g. Marijuana (rolled in a paper)
 - h. Pipe
 - i. Bidi
 - j. Smokeless tobacco or dip
 - k. Electronic cigarettes containing nicotine
 - l. Electronic cigarettes containing marijuana
 - m. Hookah or waterpipe
 - n. Other (specify)
 - o. Don't know
 - p. Prefer not to answer

Questions 1-17 correspond to Questions 1-17 in section F of the full document "Impact of COVID-19 on Behaviors across the Cancer Control Continuum in Ohio"