

## Data Collection Worksheet

**Please Note:** The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

The following protocol is taken from a personal interview study in which study participants are asked to self-report about their own body image and then report about first-degree family members. Please refer to the following adult and child pictures below to answer the following questions about yourself and your first-degree family members (e.g., mother, father, and/or children). **TO BEGIN: Step 1:** Look at the pictures below of males or females and try to choose the picture that most closely resembles how you looked at each age listed below. **Step 2:** Look at the adult and child pictures. Choose the picture that most closely resembles your (or your child's) body shape right now and at the ages of 5, 10, and 20. The child pictures should be used for ages 5 & 10 and the adult pictures for ages 20 or older. *Editor's Note: The participant is shown pictures that display various body shapes associated with a scale. For adults, three scales are provided here. The Stunkard graphics show nine images for men and for women. Consequently, the responses should be recorded on a form that includes 1 through 9. Pulvers et al. provided graphics validated for African American men and women on a 1 to 9 scale. Collins presents a range of seven male and seven female figures. Consequently, the forms indicated can be used with those graphics. (The Working Group was not aware of other population-specific graphics.) For children, Collins provides graphics for boys and for girls on a 1 to 7 scale. All graphics are provided below.*

	1	2	3	4	5	6	7	8	9	N/A
Age 5	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Age 10	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Age 20	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Age 30	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Age 40	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Currently	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### PARTICIPANT (Stunkard or Pulvers Scale)

	1	1.5	2	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	N/A
Age 5	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Age 10	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Age 20	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Age 30	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Age 40	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Currently	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

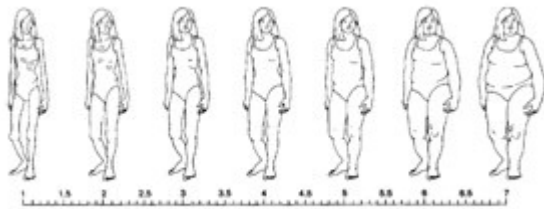
### PARTICIPANT (Collins Scale)

Child #1	1	1.5	2	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	N/A
Age 5	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Son 1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Age 10	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Age 20	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Daughter 2	Current Age													
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

PARTICIPANT'S CHILDREN (Collins Scale)

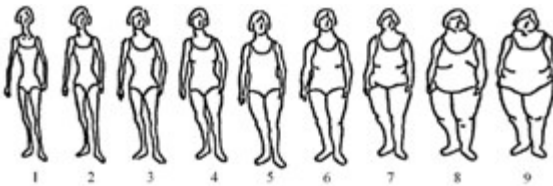
Child #2	1	1.5	2	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	N/A
Age 5	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Son 1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Age 10	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Age 20	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Daughter 2	Current Age													
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

PARTICIPANT'S CHILDREN (Collins Scale)



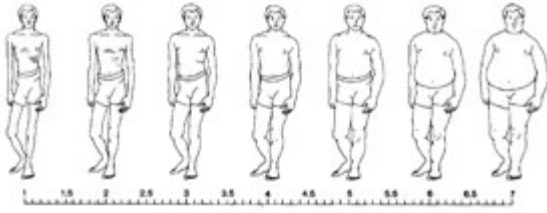
Collins Adult Female

*Editor's Note: To score this scale, please record a number 1 through 7 corresponding to the figure the respondent indicates for the Collins scale.* Adapted from Collins, M. E. (1991). Body figure perceptions and preferences among preadolescent children. *International Journal of Eating Disorders*, 10, 199-208.



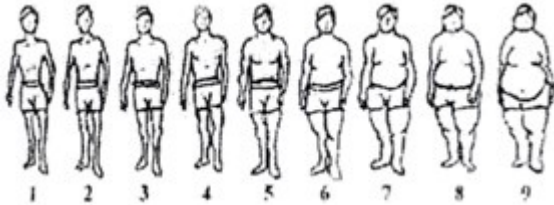
Stunkard Adult Female

*Editor's Note: To score this scale, please record 1 through 9 corresponding to the figure the respondent indicates for the Stunkard scale.* Adapted from Stunkard, A. J., Sorensen, T., & Schulsinger, F. (1983). Use of the Danish Adoption Register for the study of obesity and thinness. *Research Publications - Association for Research in Nervous and Mental Disease*, 60, 115-120.



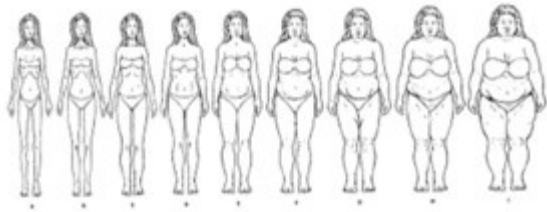
### Collins Adult Male

*Editor's Note: To score this scale, please record a number 1 through 7 corresponding to the figure the respondent indicates for the Collins scale.* Adapted from Collins, M. E. (1991). Body figure perceptions and preferences among preadolescent children. *International Journal of Eating Disorders*, 10, 199-208.



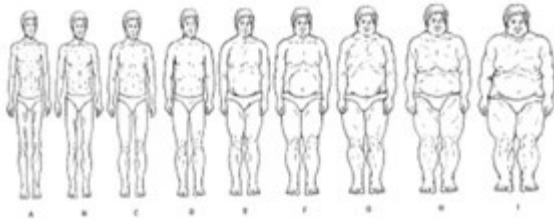
### Stunkard Adult Male

*Editor's Note: To score this scale, please record 1 through 9 corresponding to the figure the respondent indicates for the Stunkard scale.* Adapted from Stunkard, A. J., Sorensen, T., & Schulsinger, F. (1983). Use of the Danish Adoption Register for the study of obesity and thinness. *Research Publications - Association for Research in Nervous and Mental Disease*, 60, 115-120.



### Pulvers Adult African American Female

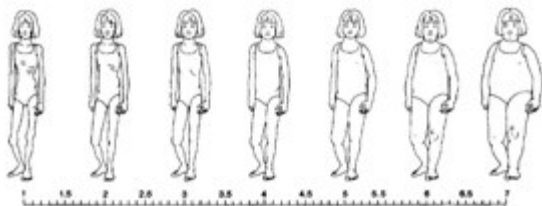
*Editor's Note: To score this scale, please record a number 1 through 9 corresponding to the figure the respondent indicates for the Pulvers scale.* Adapted from Pulvers, K. M., Lee, R. E., Kaur, H., Mayo, M. S., Fitzgibbon, M. L., Jeffries, S. K., Butler, J., Hou, Q., & Ahluwalia, J. S. (2004). Development of a culturally relevant body image instrument among urban African Americans. *Obesity Research*, 12, 1641-1651.



### Pulvers Adult African American Male

*Editor's Note: To score this scale, please record a number 1 through 9 corresponding to the figure the respondent indicates for the Pulvers scale.*

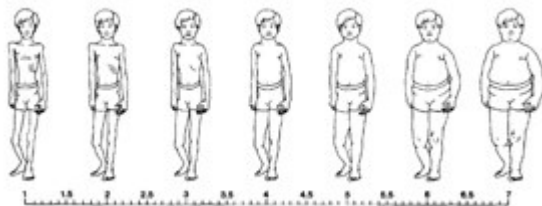
Adapted from Pulvers, K. M., Lee, R. E., Kaur, H., Mayo, M. S., Fitzgibbon, M. L., Jeffries, S. K., Butler, J., Hou, Q., & Ahluwalia, J. S. (2004). Development of a culturally relevant body image instrument among urban African Americans. *Obesity Research*, 12, 1641-1651.



### Collins Child Female

*Editor's Note: To score this scale, please record a number 1 through 7 corresponding to the figure the respondent indicates for the Collins scale.*

Adapted from Collins, M. E. (1991). Body figure perceptions and preferences among preadolescent children. *International Journal of Eating Disorders*, 10, 199-208.



### Collins Child Male

*Editor's Note: To score this scale, please record a number 1 through 7 corresponding to the figure the respondent indicates for the Collins scale.*

Adapted from Collins, M. E. (1991). Body figure perceptions and preferences among preadolescent children. *International Journal of Eating Disorders*, 10, 199-208.