



## Data Collection Worksheet

**Please Note:** The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

### Self-reported Gestational Weight Gain

This protocol for pregnancy weight is part of a personal interview. This can also be used in a self-administered format.

For women who are currently at least 20 weeks pregnant, ask the following questions:

1. *Just before* you got pregnant with your current pregnancy, how much did you weigh?

\_\_\_\_\_ Pounds OR \_\_\_\_\_ Kilos

2. How much weight have you gained during this pregnancy?

\_\_\_\_\_ Pounds OR \_\_\_\_\_ Kilos

I LOST weight during my pregnancy

I don't know

3. How many weeks pregnant are you currently?

\_\_\_\_\_ Weeks (Gestational Age)

*Editor's Note: Questions 1 and 2 are modifications of questions from the Pregnancy Risk Assessment Monitoring System (PRAMS) and question 3 is a modification to the Collaborative Perinatal Study.*

For women who are not currently pregnant (but parous), ask the following questions:

1. How much did you weigh before your most recent pregnancy?

\_\_\_\_\_ Pounds OR \_\_\_\_\_ Kilos

2. How much weight did you gain during your most recent pregnancy?

\_\_\_\_\_ Pounds OR \_\_\_\_\_ Kilos

I LOST weight during my pregnancy

[ ] I don't know

3. For your most recent pregnancy, how many weeks along were you when you delivered?

\_\_\_\_\_ Weeks (Gestational Age)

*Editor's Note: Questions 1 and 2 are modifications of questions from PRAMS and question 3 is a modification to the Collaborative Perinatal Study. The phrase "most recent" was added to these questions by the Anthropometrics Working Group. This was done to broaden the context of the question from the PRAMS and Collaborative Perinatal Study populations to a nonspecific study population.*

Protocol source: <https://www.phenxtoolkit.org/protocols/view/21301>