



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

1. Has a doctor or nurse ever said that you have high blood cholesterol?

1 No

2 Yes

8 Not sure

2. Have you ever taken medication for high blood cholesterol?

0 No

1 Yes, now

2 Yes, not now

9 unk

If yes, then...

At what age did you begin taking medicine for this? __ __

99 unk

Use appropriate or current lipid quality control program to complete a lipid profile.

For information on blood collection and processing, and lipid and lipoprotein determinations, refer to the Atherosclerosis Risk in Communities (ARIC) study manuals 7 and 8.

Diagnostic Criteria:

Total Cholesterol (mg/dL)	LDL Cholesterol (mg/dL)	HDL Cholesterol (mg/dL)	Triglyceride (mg/dL)
<200 = Desirable	<100 = Optimal	<40 = Low	<150 = Normal

200 - 239 = Borderline high	100 - 129 = Near optimal/above optimal	≥ 60 = High	150 - 199 = Borderline high
≥ 240 = High	130 - 159 = Borderline high		200 - 499 = High
	160 - 189 = High		≥ 500 = Very high
	≥ 190 = Very high		

Protocol source: <https://www.phenxtoolkit.org/protocols/view/40201>