

## Data Collection Worksheet

**Please Note:** The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

The drawings below show stages of the way the **breasts** develop. A teenager can go through each of the five stages shown, although some teenagers skip some stages. **Please look at each of the drawings.** It is also important to read the descriptions.

Cross the box that is **closest** to your current breast stage



1  The nipple is raised a little in this stage. The rest of the breast is still flat.



2  This is the breast bud stage. In this stage the nipple is raised more than in stage 1. The breast is a small mound. The dark area around the nipple (areola) is larger than in stage 1.



3  The areola and the breast are both larger than in stage 2. The areola does not stick out away from the breast.



4 [ ]The areola and the nipple make up a mound that sticks up above the shape of the breast. (Note: This stage may not happen at all for some teenagers. Some teenagers develop from stage 3 to stage 5 with no stage 4.)



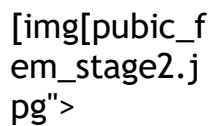
5 [ ]This is the mature adult stage. The breasts are fully developed. Only the nipple sticks out in this stage. The areola has moved back in the general shape of the breast.

The drawings below show different amounts of **female pubic hair**. A teenager can go through each of the five stages shown. **Please look at each of the drawings.** It is also important to read the descriptions.

Cross the box that is the **closest** to the amount of pubic hair you have.



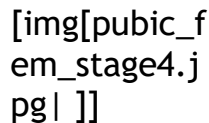
1 [ ]There is no pubic hair



2 [ ]There is a little long, lightly coloured hair. This hair may be straight or a little curly.



3 [ ]The hair is darker in this stage. It is coarser and more curled. It has spread out and thinly covers a bigger area.



4 [ ]The hair is now as dark, curly, and coarse as that of an adult woman. However, the area that the hair covers is not as large as that of an adult woman. The hair has not spread out to the legs.

[img[pubic\_f 5 [ ]The hair is like that of an adult woman. It also covers the same area  
em\_stage5.j as that of an adult woman. The hair usually forms a triangular pattern as it  
pg| ]] spreads out to the legs.

**NOTE: Your pubic hair stage may or may not be the same as your stage of breast development.**

Protocol source: <https://www.phenxtoolkit.org/protocols/view/100101>