

## Data Collection Worksheet

**Please Note:** The Data Collection Worksheet (DCW) is a tool to aid investigators to integrate the collection of PhenX measures in your study. The PhenX measures that you selected and added to your Cart are presented in the DCW in alphabetical order. The DCW includes worksheets for data collection. Variables derived from the collected data are shown in the Data Dictionary (DD) with variable names and unique PhenX variable identifiers. The collection of DCWs produced by the Toolkit is not designed as a data collection instrument. Each investigator will decide how to integrate PhenX measures into data collection for their study.

A number of statements which refer to children's fears and anxiety are given below. Please read each statement carefully and indicate how frequently you have that symptom: "almost never, sometimes, or often."

1. When frightened, it is hard to breathe.

- Almost Never
- Sometimes
- Often

2. I am afraid of heights.

- Almost Never
- Sometimes
- Often

3. I get headaches or stomach aches when I am at school.

- Almost Never
- Sometimes
- Often

4. I don't like to be with people I don't know.

- Almost Never
- Sometimes
- Often

5. When I see blood, I get dizzy.

- Almost Never
- Sometimes
- Often

6. I want that things are in a fixed order.

- Almost Never
- Sometimes
- Often

7. I get scared when I sleep away from home.

- Almost Never
- Sometimes
- Often

8. I worry about others not liking me.

- Almost Never

- Sometimes
- Often

9. When frightened, I feel like passing out.

- Almost Never
- Sometimes
- Often

10. I think that I will be contaminated with a serious disease.

- Almost Never
- Sometimes
- Often

11. I am nervous.

- Almost Never
- Sometimes
- Often

12. I have thoughts that frighten me.

- Almost Never
- Sometimes
- Often

13. I follow my parents wherever they go.

- Almost Never
- Sometimes
- Often

14. People tell me that I look nervous.

- Almost Never
- Sometimes
- Often

15. I feel nervous with people I don't know well.

- Almost Never
- Sometimes
- Often

16. I am afraid to visit the doctor.

- Almost Never
- Sometimes
- Often

17. I don't like going to school.

- Almost Never
- Sometimes
- Often

18. When frightened, I feel like going crazy.

- Almost Never
- Sometimes
- Often

19. I worry about sleeping alone.

- Almost Never

- Sometimes
- Often

20. I am afraid to visit the dentist.

- Almost Never
- Sometimes
- Often

21. I worry about being as good as other kids.

- Almost Never
- Sometimes
- Often

22. I am afraid of an animal that is not really dangerous.

- Almost Never
- Sometimes
- Often

23. I get scared when there is thunder in the air.

- Almost Never
- Sometimes
- Often

24. I do things more than twice in order to check whether I did it right.

- Almost Never
- Sometimes
- Often

25. I have frightening dreams about a very aversive event I once experienced.

- Almost Never
- Sometimes
- Often

26. I want things to be clean and tidy.

- Almost Never
- Sometimes
- Often

27. When frightened, I feel that things are not real.

- Almost Never
- Sometimes
- Often

28. I feel scared when I have to fly in an airplane.

- Almost Never
- Sometimes
- Often

29. I have nightmares about my parents.

- Almost Never
- Sometimes
- Often

30. I worry about going to school.

- Almost Never

- Sometimes
- Often

31. I do things to get less scared of my thoughts.

- Almost Never
- Sometimes
- Often

32. When frightened, my heart beats fast.

- Almost Never
- Sometimes
- Often

33. I am scared when I get an injection.

- Almost Never
- Sometimes
- Often

34. I am afraid to get a serious disease.

- Almost Never
- Sometimes
- Often

35. I feel weak and shaky.

- Almost Never
- Sometimes
- Often

36. I have nightmares about bad happening to me.

- Almost Never
- Sometimes
- Often

37. I am so scared of a harmless animal that I do not dare to touch it.

- Almost Never
- Sometimes
- Often

38. I worry about things working out for me.

- Almost Never
- Sometimes
- Often

39. I doubt whether I really did something.

- Almost Never
- Sometimes
- Often

40. When frightened, I sweat a lot.

- Almost Never
- Sometimes
- Often

41. I am a worrier.

- Almost Never

- Sometimes
- Often

42. I feel scared when I watch an operation.

- Almost Never
- Sometimes
- Often

43. I try not to think about a very aversive event I once experienced.

- Almost Never
- Sometimes
- Often

44. I get really frightened for no reason.

- Almost Never
- Sometimes
- Often

45. I am afraid to be alone at home.

- Almost Never
- Sometimes
- Often

46. I get scared when I think back of a very aversive event I once experienced.

- Almost Never
- Sometimes
- Often

47. I find it hard to talk with people I don't know.

- Almost Never
- Sometimes
- Often

48. When frightened, I feel like I am choking.

- Almost Never
- Sometimes
- Often

49. People tell me I worry too much.

- Almost Never
- Sometimes
- Often

50. I don't like being away from my family.

- Almost Never
- Sometimes
- Often

51. I am afraid of having anxiety attacks.

- Almost Never
- Sometimes
- Often

52. I worry that something bad might happen to my parents.

- Almost Never

- Sometimes
- Often

53. I am shy with people I don't know well.

- Almost Never
- Sometimes
- Often

54. I fantasize about hurting other people.

- Almost Never
- Sometimes
- Often

55. I worry about the future.

- Almost Never
- Sometimes
- Often

56. When frightened, I feel like throwing up.

- Almost Never
- Sometimes
- Often

57. I worry about how well I do things.

- Almost Never
- Sometimes
- Often

58. I am scared to go to school.

- Almost Never
- Sometimes
- Often

59. I worry about things that happened in the past.

- Almost Never
- Sometimes
- Often

60. When frightened, I feel dizzy.

- Almost Never
- Sometimes
- Often

61. I get scared in small, closed places.

- Almost Never
- Sometimes
- Often

62. I have thoughts that I prefer not to have.

- Almost Never
- Sometimes
- Often

63. I am afraid of the dark.

- Almost Never

- Sometimes
- Often

64. I have unbidden thoughts about a very aversive event I once experienced.

- Almost Never
- Sometimes
- Often

65. I am afraid of an animal that most children do not fear.

- Almost Never
- Sometimes
- Often

66. I don't like being in a hospital.

- Almost Never
- Sometimes
- Often

Protocol source: <https://www.phenxtoolkit.org/protocols/view/120201#Source>