

Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

Screen for Child Anxiety Related Disorders (SCARED) CHILD Version

Directions:

Below is a list of sentences that describe how people feel. Read each phrase and decide if it is “Not True or Hardly Ever True” or “Somewhat True or Sometimes True” or “Very True or Often True” for you. Then, for each sentence, fill in one circle that corresponds to the response that seems to describe you for the last 3 months.

	0 Not True or Hardly Ever True	1 Somewhat True or Sometimes True	2 Very True or Often True	
1. When I feel frightened, it is hard to breathe.	0	0	0	PN
2. I get headaches when I am at school.	0	0	0	SH
3. I don't like to be with people I don't know well.	0	0	0	SC
4. I get scared if I sleep away from home.	0	0	0	SP
5. I worry about other people liking me.	0	0	0	GD

6. When I get frightened, I feel like passing out.	0	0	0	PN
7. I am nervous.	0	0	0	GD
8. I follow my mother or father wherever they go.	0	0	0	SP
9. People tell me that I look nervous.	0	0	0	PN
10. I feel nervous with people I don't know well.	0	0	0	SC
11. I get stomachaches at school.	0	0	0	SH
12. When I get frightened, I feel like I am going crazy.	0	0	0	PN
13. I worry about sleeping alone.	0	0	0	SP
14. I worry about being as good as other kids.	0	0	0	GD
15. When I get frightened, I feel like things are not real.	0	0	0	PN
16. I have nightmares about something bad happening to my parents.	0	0	0	SP
17. I worry about going to school.	0	0	0	SH
18. When I get frightened, my heart beats fast.	0	0	0	PN

19. I get shaky.	0	0	0	PN
20. I have nightmares about something bad happening to me.	0	0	0	SP
21. I worry about things working out for me.	0	0	0	GD
22. When I get frightened, I sweat a lot.	0	0	0	PN
23. I am a worrier.	0	0	0	GD
24. I get really frightened for no reason at all.	0	0	0	PN
25. I am afraid to be alone in the house.	0	0	0	SP
26. It is hard for me to talk with people I don't know well.	0	0	0	SC
27. When I get frightened, I feel like I am choking.	0	0	0	PN
28. People tell me that I worry too much.	0	0	0	GD
29. I don't like to be away from my family.	0	0	0	SP
30. I am afraid of having anxiety (or panic) attacks.	0	0	0	PN
31. I worry that something bad might happen to my parents.	0	0	0	SP

32. I feel shy with people I don't know well.	0	0	0	SC
33. I worry about what is going to happen in the future.	0	0	0	GD
34. When I get frightened, I feel like throwing up.	0	0	0	PN
35. I worry about how well I do things.	0	0	0	GD
36. I am scared to go to school.	0	0	0	SH
37. I worry about things that have already happened.	0	0	0	GD
38. When I get frightened, I feel dizzy.	0	0	0	PN
39. I feel nervous when I am with other children or adults and I have to do something while they watch me (for example: read aloud, speak, play a game, play a sport).	0	0	0	SC
40. I feel nervous when I am going to parties, dances, or any place where there will be people that I don't know well.	0	0	0	SC
41. I am shy.	0	0	0	SC

SCORING:

A total score of ≥ 25 may indicate the presence of an Anxiety Disorder. Scores higher than 30 are more specific. TOTAL =

A score of 7 for items 1, 6, 9, 12, 15, 18, 19, 22, 24, 27, 30, 34, 38 may indicate

Panic Disorder or Significant Somatic Symptoms. PN =

A score of 9 for items 5, 7, 14, 21, 23, 28, 33, 35, 37 may indicate Generalized Anxiety Disorder. GD =

A score of 5 for items 4, 8, 13, 16, 20, 25, 29, 31 may indicate Separation Anxiety SOC. SP =

A score of 8 for items 3, 10, 26, 32, 39, 40, 41 may indicate Social Anxiety Disorder. SC =

A score of 3 for items 2, 11, 17, 36 may indicate Significant School Avoidance. SH =

Protocol source: <https://www.phenxtoolkit.org/protocols/view/121802>