



## Data Collection Worksheet

**Please Note:** The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

Please estimate how many hours you spend **SITTING EACH DAY** in the following situations: *(please write your answer)*

	On a WEEK day				On a WEEKEND day			
	Hours		Minutes		Hours		Minutes	
While traveling to and from places								
While at work								
While watching television								
While using a computer at home								
In your leisure time, NOT including television (e.g., visiting friends, movies, dining out, etc.)								

Protocol source: <https://www.phenxtoolkit.org/protocols/view/150601>