

Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid investigators to integrate the collection of PhenX measures in your study. The PhenX measures that you selected and added to your Cart are presented in the DCW in alphabetical order. The DCW includes worksheets for data collection. Variables derived from the collected data are shown in the Data Dictionary (DD) with variable names and unique PhenX variable identifiers. The collection of DCWs produced by the Toolkit is not designed as a data collection instrument. Each investigator will decide how to integrate PhenX measures into data collection for their study.

By {yourself/himself/herself} and without using any special equipment, how much difficulty {do you/does Sample Person (SP)} have . . .

HAND CARD - [IDENTICAL TO THE QUESTIONS AND RESPONSES BELOW.] DO NOT INCLUDE TEMPORARY CONDITIONS LIKE PREGNANCY OR BROKEN LIMBS.

RESPONSES: NO DIFFICULTY = 1, SOME DIFFICULTY = 2, MUCH DIFFICULTY = 3, UNABLE TO DO = 4, DO NOT DO THIS ACTIVITY = 5, REFUSED = 7, DON'T KNOW = 9.

- | | | |
|----|---|-------|
| a. | managing {your/his/her} money [such as keeping track of {your/his/her} expenses or paying bills]? | _____ |
| b. | walking for a quarter of a mile [that is about 2 or 3 blocks]? | _____ |
| c. | walking up 10 steps without resting? | _____ |
| d. | stooping, crouching, or kneeling? | _____ |
| e. | lifting or carrying something as heavy as 10 pounds [like a sack of potatoes or rice]? | _____ |
| f. | doing chores around the house [like vacuuming, sweeping, dusting or straightening up]? | _____ |
| g. | preparing {your/his/her} own meals? | _____ |
| h. | walking from one room to another on the same level? | _____ |
| i. | standing up from an armless straight chair? | _____ |
| j. | getting in or out of bed? | _____ |
| k. | eating, like holding a fork, cutting food or drinking from a glass? | _____ |
| l. | dressing {yourself/himself/herself}, including tying shoes, working zippers, and doing buttons? | _____ |

- m. standing or being on {your/his/her} feet for about 2 hours? _____
- n. sitting for about 2 hours? _____
- o. reaching up over {your/his/her} head? _____
- p. using {your/his/her} fingers to grasp or handle small objects? _____
- q. going out to things like shopping, movies, or sporting events? _____
- r. participating in social activities [visiting friends, attending clubs or meetings or going to parties]? _____
- s. Doing things to relax at home or for leisure [reading, watching TV, sewing, listening to music]? _____
- t. Pushing or pulling large objects like a living room chair? _____

Hand Card

RESPONSES:

NO DIFFICULTY = 1,

SOME DIFFICULTY = 2,

MUCH DIFFICULTY = 3,

UNABLE TO DO = 4,

DO NOT DO THIS ACTIVITY = 5,

REFUSED = 7,

DON'T KNOW = 9.

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- b. walking for a quarter of a mile [that is about 2 or 3 blocks]? _____
- c. walking up 10 steps without resting? _____
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- k. eating, like holding a fork, cutting food or drinking from a glass? _____
- l. dressing {yourself/himself/herself}, including tying shoes, working zippers, and doing buttons? _____
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- | | | |
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| t. | Pushing or pulling large objects like a living room chair? | _____ |

Protocol source: <https://www.phenxtoolkit.org/protocols/view/151101#Source>