



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

Please read the following questions and circle the best response.

1. I can always manage to solve difficult problems if I try hard enough.

1 Not at all true

2 Hardly true

3 Moderately true

4 Exactly true

2. If someone opposes me, I can find the means and ways to get what I want.

1 Not at all true

2 Hardly true

3 Moderately true

4 Exactly true

3. It is easy for me to stick to my aims and accomplish my goals.

1 Not at all true

2 Hardly true

3 Moderately true

4 Exactly true

4. I am confident that I could deal efficiently with unexpected events.

1 Not at all true

2 Hardly true

3 [] Moderately true

4 [] Exactly true

5. Thanks to my resourcefulness, I know how to handle unforeseen situations.

1 [] Not at all true

2 [] Hardly true

3 [] Moderately true

4 [] Exactly true

6. I can solve most problems if I invest the necessary effort.

1 [] Not at all true

2 [] Hardly true

3 [] Moderately true

4 [] Exactly true

7. I can remain calm when facing difficulties because I can rely on my coping abilities.

1 [] Not at all true

2 [] Hardly true

3 [] Moderately true

4 [] Exactly true

8. When I am confronted with a problem, I can usually find several solutions.

1 [] Not at all true

2 [] Hardly true

3 [] Moderately true

4 [] Exactly true

9. If I am in trouble, I can usually think of a solution.

1 [] Not at all true

2 [] Hardly true

3 [] Moderately true

4 Exactly true

10. I can usually handle whatever comes my way.

1 Not at all true

2 Hardly true

3 Moderately true

4 Exactly true

Scoring: Responses are made on a 4-point scale. Sum up the responses to all 10 items to yield the final composite score with a range from 10 to 40. Do not recode any of the responses.

Protocol source: <https://www.phenxtoolkit.org/protocols/view/180601>