

Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

Rosenberg Self-Esteem Scale

Present the items with these instructions. **Do not print** the asterisks on the sheet you provide to respondents.

BELOW IS A LIST OF STATEMENTS DEALING WITH YOUR GENERAL FEELINGS ABOUT YOURSELF. IF YOU **STRONGLY AGREE**, CIRCLE SA. IF YOU **AGREE** WITH THE STATEMENT, CIRCLE A. IF YOU **DISAGREE**, CIRCLE D. IF YOU **STRONGLY DISAGREE**, CIRCLE SD.

| | | 1. STRONGLY AGREE | 2. AGREE | 3. DISAGREE | 4. STRONGLY DISAGREE |
|----|--|-------------------------|-------------|----------------|----------------------------|
| 1. | I feel that I'm a person of worth, at least on an equal plane with others. | SA | A | D | SD |
| 2. | I feel that I have a number of good qualities. | SA | A | D | SD |

| | | | | | |
|----|--|----|---|---|----|
| 3. | All in all, I am inclined to feel that I am a failure.** | SA | A | D | SD |
| 4. | I am able to do things as well as most other people. | SA | A | D | SD |
| 5. | I feel I do not have much to be proud of.** | SA | A | D | SD |
| 6. | I take a positive attitude toward myself. | SA | A | D | SD |
| 7. | On the whole, I am satisfied with myself. | SA | A | D | SD |
| 8. | I wish I could have more respect for myself.** | SA | A | D | SD |
| 9. | I certainly feel useless at times.** | SA | A | D | SD |

| | | | | | |
|-----|---|----|---|---|----|
| 10. | At times I think I am no good at all.** | SA | A | D | SD |
|-----|---|----|---|---|----|

To score the items, assign a value to each of the 10 items as follows:

For items 1, 2, 4, 6, 7: Strongly Agree=3, Agree=2, Disagree=1, and Strongly Disagree=0.

For items 3, 5, 8, 9, 10 (which are reversed in valence, and noted with the asterisks**): Strongly Agree=0, Agree=1, Disagree=2, and Strongly Disagree=3.

The scale ranges from 0-30, with 30 indicating the highest score possible. Other scoring options are possible. For example, you can assign values 1-4 rather than 0-3; then scores will range from 10-40. Some researchers use 5- or 7-point Likert scales, and again, scale ranges would vary based on the addition of "middle" categories of agreement.

Protocol source: <https://www.phenxtoolkit.org/protocols/view/180901>