

Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

Weight loss

1. What was your weight 3 years ago? ___ ___ ___ lbs
2. What is your weight today? ___ ___ ___ lbs
3. [Interviewer/computer: calculate weight loss percentage] Change in weight (Q1-Q2)/weight 3 years ago (Q1)
= ___ ___ % loss

Ability to do 5 chair stands

4. [Interviewer: Ask respondent to sit in chair, then rise up without using arms, repeat 4 more times.] Was respondent able to do chair stands without assistance?
Yes or No

Energy level

5. Do you feel full of energy? Yes or No

Scoring

Q1. Score = 1 if weight loss \geq 5%, otherwise, score = 0

Q2. Score = 1 if unable to do chair stands without assistance (No), otherwise, score = 0

Q3. Score = 1, if No, otherwise, score = 0

If summed score is 2 or 3, respondent is frail;

if score is 1 respondent is pre-frail;

if score is 0, respondent is robust.