



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

PLEASE TELL US ABOUT YOUR **ACTUAL** EXPERIENCE DRINKING ALCOHOL. PLEASE ANSWER EACH QUESTION AS ACCURATELY AS POSSIBLE. GIVE ONLY ONE ANSWER FOR EACH QUESTION. PLEASE DO NOT GIVE RANGES (I.E., DON'T LIST 4-6 DRINKS; WRITE 5).

TO FILL OUT THIS FORM:

One drink of alcohol = 12 oz. beer, 4 oz. glass of wine, or a single shot of hard alcohol alone or in a mixed drink.

If a question does not apply to you, write N/A in the space provided and move on to the questions that relate to you.

Only answer questions for experiences you actually had in that specific time period, not what might have happened.

1. BEGIN WITH COLUMN A: How many drinks did it **ACTUALLY** take "for you to begin to feel any different" the first 5 times (or so) you ever had a full drink of alcohol? DO NOT count sips taken as a child. PLACE YOUR ANSWER IN COLUMN A, JUST TO THE RIGHT OF QUESTION 1.

2. How many drinks did it **ACTUALLY** take "for you to feel a bit dizzy or to begin to slur your speech" the first 5 times you ever drank? PLACE YOUR ANSWER IN COLUMN A, NEXT TO QUESTION 2. Write N/A if you never had this experience the first 5 times.

3. NOW, COMPLETE COLUMN A FOR QUESTIONS 3 AND 4, FILLING IN THE NUMBER OF DRINKS IT **ACTUALLY** TOOK FOR YOU TO FEEL THE EFFECT LISTED ON THE LEFT SIDE OF THE TABLE. Use N/A when you did not have the experiences.

4. NEXT, FILL IN THE SAME INFORMATION FOR COLUMN B: How many drinks did it **ACTUALLY** take to feel the effects listed on the left for your most recent period of drinking at least once a month for 3 consecutive months?

5. FINALLY, FILL IN COLUMN C: How many drinks did it **ACTUALLY** take to feel the

effects listed on the left during your period of heaviest drinking?

Effect of drinking alcohol (answer only those which apply to your ACTUAL drinking experiences)	A	B	C
	First 5 times you ever drank	Recent 3 months drinking once a month	Period of heaviest drinking
1. How many drinks did it take for you to begin to feel different? (where you could feel an effect)			
2. How many drinks did it take for you to feel a bit dizzy or to begin to slur your speech?			
3. How many drinks did it take you to begin stumbling, or walking in an uncoordinated manner?			
4. How many drinks did it take you to pass out, or fall asleep when you did not want to?			

Scoring Procedures and Interpretation

In order to generate the most simple, single score that reflects an overview of the SRE values, an overall score is created by dividing the sum of the number of drinks recorded in the 12 possible cells of the SRE by the number of cells endorsed. Alternatively, an Early Drinking SRE score may also be generated using a similar formula but based only on the first five times of drinking. Higher scores suggest lower subjective response to alcohol given that it took more drinks to feel specific effects. A measure of acquired tolerance can be computed by subtracting the score on the "first 5" portion of the SRE from the score on the most recent 3-month period of drinking.