



## Data Collection Worksheet

**Please Note:** The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

### Summary of the Life Events Checklist for DSM-5 (LEC-5)

The LEC-5 assesses exposure to 17 event types with known potential to result in significant distress or PTSD. These events include:

- Natural disaster
- Fire/explosion
- Accident at work, home, recreation, or during transportation
- Exposure to toxic substance
- Assault
- Sexual assault or unwanted sexual experience
- Combat experience
- Captivity
- Illness, injury, or human suffering
- Sudden violent or accidental death
- Harm caused by participant
- Other stressful event

For each item, the respondent checks: Happened to me; Witnessed it; Learned about it; Part of my job; Not sure; or Doesn't apply.

### Scoring:

The LEC-5 generates:

- Number of events experienced
- Number of events witnessed
- Number of events learned about

Endorsements of potentially traumatic events are used to facilitate identification of an index trauma for a semi-structured PTSD interview such as the Clinician-Administered PTSD scale (CAPS-see PTSD Symptoms, Severity and Diagnosis measure in the PhenX Toolkit).

**Availability:**

The Life Events Checklist for DSM-5 (LEC-5) is available for download from the National Center for PTSD at [www.ptsd.va.gov](http://www.ptsd.va.gov).

Protocol source: <https://www.phenxtoolkit.org/protocols/view/630101>