



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

SITBI 2.1 Short Form

These questions ask about your thoughts and feelings of suicide and self-injurious behaviors. Please listen carefully and respond as accurately as you can. Do you have any questions before we begin?

Suicidal Ideation

1. Have you ever had thoughts of killing yourself?

0 [] no

1 [] yes

2. How old were you the first time you had thoughts of killing yourself?

3. How old were you the last time? _____

4. How many days in your life have you had thoughts of killing yourself?
_____ (Please give your best estimate)

5. How many days in the past year? _____

6. How many days in the past month? _____

7. How many days in the past week? _____

Here is a scale we will use for a number of the upcoming questions. (See the last page of the questionnaire or directions.)

8. On this scale of 0 to 4, at the worst point how intense were your thoughts of killing yourself? _____

9. On the scale of 0 to 4, on average, how intense were these thoughts?

10. When you had thoughts of killing yourself, how long did they usually last?

0 [] 0 seconds

1 [] 1-60 seconds

2 [] 2-15 minutes

3 [] 16-60 minutes

4 [] less than one day

5 [] 1-2 days

6 [] more than 2 days

7 [] wide range (spans > 2 responses)

11. On the scale of 0 to 4, what do you think the likelihood is that you will have a thought of killing yourself in the future? _____

Suicide Plan

12. Have you ever actually made a plan to kill yourself?

0 [] no

1 [] yes

13. How old were you the first time you made a suicide plan? _____

14. How old were you the last time? _____

15. How many days in your life have you made a suicide plan? _____

16. How many days in the past year? _____

17. How many days in the past month? _____

18. How many days in the past week? _____

19. On the scale of 0 to 4, at the worst point, how seriously did you consider acting on the plan? _____

20. On the scale of 0 to 4, on average, how seriously have you considered acting on the plan(s)? _____

21. When you had a plan(s), what method(s) did you think of using? _____

1 [] own prescription drugs

- 2 [] illicit drugs (not rx)
- 3 [] over-counter drugs
- 4 [] other's rx drugs
- 5 [] poison
- 6 [] firearms
- 7 [] immolation
- 8 [] sharp object
- 9 [] auto exhaust
- 10 [] other gases
- 11 [] train/car
- 12 [] jump from height
- 13 [] drowning
- 14 [] suffocation
- 15 [] hanging
- 16 [] other _____
- 17 [] multiple methods _____

22. When you had a plan, how long did you think about it before either moving onto something else or acting on the plan? _____

- 0 [] 0 seconds
- 1 [] 1-60 seconds
- 2 [] 2-15 minutes
- 3 [] 16-60 minutes
- 4 [] less than one day
- 5 [] 1-2 days
- 6 [] more than 2 days
- 7 [] wide range (spans > 2 responses)

23. When you had a plan(s), did you take steps to prepare to act on the plan(s)?

If "yes":

24. What did you do? _____

25. On the scale of 0 to 4, what do you think the likelihood is that you will make a suicide plan in the future? _____

Suicide Gesture

26. Have you ever done something to lead someone to believe that you wanted to kill yourself when you really had no intention of doing so?

0 [] no

1 [] yes

27. What have you done to lead someone to believe that you wanted to kill yourself when you really had no intention of doing so?

28. How old were you the first time you did something to lead someone to believe that you wanted to kill yourself when you really had no intention of doing so?

29. How old were you the last time? _____

30. How many times in your life have you done something to lead someone to believe that you wanted to kill yourself when really you had no intention of doing so? _____

31. How many times in the past year? _____

32. How many times in the past month? _____

33. How many times in the past week? _____

34. When you did something to lead someone to believe that you wanted to kill yourself when you really had no intention of doing so, how long did you think about it before doing it? _____

0 [] 0 seconds

1 [] 1-60 seconds

2 [] 2-15 minutes

3 [] 16-60 minutes

4 [] less than one day

5 [] 1-2 days

6 [] more than 2 days

7 [] wide range (spans > 2 responses)

35. On the scale of 0 to 4, what do you think the likelihood is that you will do something to lead someone to believe that you want to kill yourself when you really have no intention of doing so in the future? _____

Aborted Suicide Attempt

36. Have you ever been close to killing yourself and at the last minute decided not to kill yourself?

0 [] no

1 [] yes (Only if he/she did not sustain injuries-see question below, mark "yes" for this question)

If "yes":

37. Did you sustain any physical injury?

0 [] no

1 [] yes

38. What happened?

39. How many times in your life have you stopped yourself from attempting suicide right before you got hurt? _____

40. How many times in the past year? _____

41. How many times in the past month? _____

42. How many times in the past week? _____

Interrupted Suicide Attempt

43. Have you ever been very close to killing yourself and at the last minute someone or something else stopped you?

0 [] no

1 [] yes (Only if he/she did not sustain injuries-see question below, mark "yes" for this question)

If "yes":

44. Did you sustain any physical injury?

0 [] no

1 [] yes

45. What happened?

46. How many times in your life have you been close to killing yourself but were stopped by someone or something else right before you got hurt? _____

47. How many times in the past year? _____

48. How many times in the past month? _____

49. How many times in the past week? _____

Suicide Attempt

50. Have you ever made an actual attempt to kill yourself in which you had at least some intent to die?

0 [] no

1 [] yes

51. How old were you the first time you made a suicide attempt? _____

52. How old were you the last time? _____

53. To your knowledge, what was the approximate date of the most recent attempt? _____

(Note to the data enterer: Please calculate how many days the most recent suicide attempt was from the interview date)

54. How many suicide attempts have you made in your lifetime? _____

55. How many in the past year? _____

56. How many in the past month? _____

57. How many in the past week? _____

58. For your most recent suicide attempt, what method did you use?

- 1 [] own prescription drugs
- 2 [] illicit drugs (not rx)
- 3 [] over-counter drugs
- 4 [] other's rx drugs
- 5 [] poison
- 6 [] firearms
- 7 [] immolation
- 8 [] sharp object
- 9 [] auto exhaust
- 10 [] other gases
- 11 [] train/car
- 12 [] jump from height
- 13 [] drowning
- 14 [] suffocation
- 15 [] hanging
- 16 [] other _____
- 17 [] multiple methods _____

59. What were the circumstances that contributed most to your most recent attempt? _____

(Put in order of importance)

- 1 [] job loss/stress/academic failure
- 2 [] problems with family or friends
- 3 [] problems with spouse/lover
- 4 [] financial problems
- 5 [] eviction
- 6 [] health problems
- 7 [] death of another person

8 [] psychiatric symptoms

9 [] humiliating event

10 [] loneliness

11 [] other: _____

60. What kind of injuries did you have as a result of this attempt? _____

(Use Lethality Scale; e.g., LSARS-II; Berman, Shepard, & Silverman, 2003)

Regarding the most lethal attempt:

61. How old were you when you made the suicide attempt that caused you the most physical harm? _____

62. To your knowledge, what was the approximate date of the attempt that caused you the most physical harm? _____

(Note to the data enterer: Please calculate how many days the most lethal suicide attempt was from the interview date.)

63. What kind of injuries did you have as a result of this attempt? _____

(Use Lethality Scale)

64. Is the most harmful attempt also the most recent? _____

0 [] no

1 [] yes

Regarding all your past suicide attempts:

65. How long did you usually think about suicide before making an attempt?

0 [] 0 seconds

1 [] 1-60 seconds

2 [] 2-15 minutes

3 [] 16-60 minutes

4 [] less than one day

5 [] 1-2 days

6 [] more than 2 days

7 [] wide range (spans > 2 responses)

66. On the scale of 0 to 4, what do you think the likelihood is that you will make a suicide attempt in the future? _____

Suicide History

67. Has anyone you have ever known died by suicide? If so, how many?

If "yes":

68. What was/were their relationship(s) to you? _____

1 [] mother

2 [] father

3 [] brother

4 [] sister

5 [] daughter

6 [] son

7 [] biological aunt

8 [] biological uncle

9 [] grandmother

10 [] grandfather

11 [] cousin

12 [] partner/lover

13 [] personal friend

14 [] family friend

15 [] acquaintance

16 [] other relative _____

69. Has anyone you have ever known ever attempted suicide but lived? If so, how many? _____

If "yes":

70. What was/were their relationship(s) to you? _____

1 mother

2 father

3 brother

4 sister

5 daughter

6 son

7 biological aunt

8 biological uncle

9 grandmother

10 grandfather

11 cousin

12 partner/lover

13 personal friend

14 family friend

15 acquaintance

16 other relative _____

Thoughts of Nonsuicidal Self-Injury

People sometimes have thoughts about hurting themselves without wanting to die. Other times they actually do things to hurt themselves. Right now I'm going to ask you some questions about what some people think, and then I'll ask you about what some people *do* in a bit.

71. Have you ever had thoughts of purposely hurting yourself without wanting to die? (for example, cutting or burning)

0 no

1 yes

72. How old were you the first time you thought of purposely hurting yourself without wanting to die? _____

73. How old were you the last time? _____

74. How many days in your life have you had thoughts of purposely hurting yourself without wanting to die? (Please give your best estimate) _____

75. How many days in the past year? _____

76. How many days in the past month? _____

77. How many days in the past week? _____

78. On the scale of 0 to 4, at the worst point, how intense were your thoughts of purposely hurting yourself without wanting to die? _____

79. On the scale of 0 to 4, on average, how intense were these thoughts?

80. What method did you think of using? _____

1 cut or carved skin

2 burned your skin (i.e., with a cigarette, match, or other hot object)

3 inserted sharp objects into your

4 picked areas of your body to the point of drawing blood

10 hit yourself on purpose

11 gave yourself a tattoo

12 scraped your skin to the point skin or nails of drawing blood

13 other (specify): _____

81. When you had these thoughts, how long did they usually last? _____

0 0 seconds

1 1-60 seconds

2 2-15 minutes

3 16-60 minutes

4 less than one day

5 1-2 days

6 more than 2 days

7 [] wide range (spans > 2 responses)

82. On the scale of 0 to 4, what do you think the likelihood is that you will think about purposely hurting yourself without wanting to die in the future?

Nonsuicidal Self-Injury

83. Have you ever actually purposely hurt yourself without wanting to die?

0 [] no

1 [] yes

84. How old were you the first time you purposely hurt yourself without wanting to die? _____

85. How old were you the last time? _____

86. Now I'm going to go through a list of things that people sometimes purposely do to harm themselves without wanting to die. Please let me know which of these you've done:

1 [] cut or carved skin

2 [] burned your skin (i.e., with a cigarette, match or other hot object)

3 [] inserted sharp objects into your skin or nails

4 [] picked areas of your body to the point of drawing blood

5 [] hit yourself on purpose

6 [] gave yourself a tattoo

7 [] scraped your skin to the point of drawing blood

8 [] other (specify): _____

87. How many times in your life have you purposely hurt yourself without wanting to die? (Please give your best estimate)

88. How many times in the past year? _____

89. How many times in the past month? _____

90. How many times in the past week? _____

91. On average, how long have you thought of purposely hurting yourself without

wanting to die before actually doing it?

0 [] 0 seconds

1 [] 1-60 seconds

2 [] 2-15 minutes

3 [] 16-60 minutes

4 [] less than one day

5 [] 1-2 days

6 [] more than 2 days

7 [] wide range (spans > 2 responses)

92. Have you ever received medical treatment for harm caused by purposely hurting yourself without wanting to die?

0 [] no

1 [] yes

93. On a scale of 0 to 4, what do you think the likelihood is that you will purposely hurt yourself without wanting to die in the future? _____

0-4 SCALE

0	1	2	3	4
<i>Not at all</i>	<i>A little bit</i>	<i>Somewhat</i>	<i>Very Much</i>	<i>Extremely</i>

Protocol source: <https://www.phenxtoolkit.org/protocols/view/640501>