Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid investigators to integrate the collection of PhenX measures in your study. The PhenX measures that you selected and added to your Cart are presented in the DCW in alphabetical order. The DCW includes worksheets for data collection. Variables derived from the collected data are shown in the Data Dictionary (DD) with variable names and unique PhenX variable identifiers. The collection of DCWs produced by the Toolkit is not designed as a data collection instrument. Each investigator will decide how to integrate PhenX measures into data collection for their study.

Description of the Toronto Alexithymia Scale (TAS-20)

The Toronto Alexithymia Scale (TAS-20) is a 20-item, self-administered questionnaire that includes three subscales: difficulty identifying feelings (7 items-e.g., “I am often confused about what emotion I am feeling”), difficulty describing feelings (5 items-e.g., “It is difficult for me to reveal my innermost feelings, even to close friends”), and externally oriented thinking (8 items-e.g., “I prefer to analyze problems rather than just describe them”). Each item is scored on a 5-point, Likert-type scale (1 = strongly disagree; 5 = strongly agree), and five of the items are reverse-scored. Total scores can range from 20-100, with higher scores indicating greater impairment.

The Toronto Alexithymia Scale (TAS-20) is a proprietary instrument, and administration requires a licensing agreement from Dr. Graeme J. Taylor at the University of Toronto:

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Protocol source: https://www.phenxtoolkit.org/protocols/view/650901#Source