PhenX Toolkit

Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

This questionnaire is designed to measure your ability to experience pleasure in the last few days. It is important to read each statement very carefully. Tick one of the boxes [ ] to indicate how much you agree or disagree with each statement.

1. I would enjoy my favourite television or radio programme:

    [ ] Strongly disagree

    [ ] Disagree

    [ ] Agree

    [ ] Strongly agree

2. I would enjoy being with my family or close friends:

    [ ] Definitely agree

    [ ] Agree

    [ ] Disagree

    [ ] Strongly disagree

3. I would find pleasure in my hobbies and pastimes:

    [ ] Strongly disagree

    [ ] Disagree

    [ ] Agree

    [ ] Strongly agree

4. I would be able to enjoy my favourite meal:

    [ ] Definitely agree

[ ] Agree

[ ] Disagree

[ ] Strongly disagree

5. I would enjoy a warm bath or refreshing shower:

[ ] Definitely agree

[ ] Agree

[ ] Disagree

[ ] Strongly disagree

6. I would find pleasure in the scent of flowers or the smell of a fresh sea breeze or freshly baked bread:

[ ] Strongly disagree

[ ] Disagree

[ ] Agree

[ ] Strongly agree

7. I would enjoy seeing other people's smiling faces:

[ ] Definitely agree

[ ] Agree

[ ] Disagree

[ ] Strongly disagree

8. I would enjoy looking smart when I have made an effort with my appearance:

[ ] Strongly disagree

[ ] Disagree

[ ] Agree

[ ] Strongly agree

9. I would enjoy reading a book, magazine or newspaper:

[ ] Definitely agree

[ ] Agree

[ ] Disagree

[ ] Strongly disagree

10. I would enjoy a cup of tea or coffee or my favourite drink:

[ ] Strongly disagree

[ ] Disagree

[ ] Agree

[ ] Strongly agree

11. I would find pleasure in small things, e.g., bright sunny day, a telephone call from a friend:

[ ] Strongly disagree

[ ] Disagree

[ ] Agree

[ ] Strongly agree

12. I would be able to enjoy a beautiful landscape or view:

[ ] Definitely agree

[ ] Agree

[ ] Disagree

[ ] Strongly disagree

13. I would get pleasure from helping others:

[ ] Strongly disagree

[ ] Disagree

[ ] Agree

[ ] Strongly agree

14. I would feel pleasure when I receive praise from other people:

[ ] Definitely agree

[ ] Agree

[ ] Disagree

[ ] Strongly disagree

Scoring: Either of the Disagree responses receives a score of 1 and either of the Agree responses receives a score of 0. The SHAPS is scored as the sum of the 14 items so that total scores ranged from 0 to 14. A higher total SHAPS score indicated higher levels of anhedonia. A cut-off score of 2 provides the best discrimination between "normal" and "abnormal" level of hedonic tone.