

PERCEIVED STRESS SCALE**ADULT ONLY (Baseline and f/u)- PERCEIVED STRESS SCALE**

To be read to the participant: *THE COVID19 PANDEMIC AND RELATED PUBLIC HEALTH MEASURES ARE STRESSFUL, THE FOLLOWING QUESTIONS ARE ABOUT HOW YOU HAVE EXPERIENCED STRESS IN THE LAST MONTH. WHEN ANSWERING THESE QUESTIONS, IT IS IMPORTANT TO NOT EXAGGERATE OR HIDE WHAT YOU ARE FEELING.*

Question	Instructions/Response
1. In the last month, how often have you felt that you were unable to control the important things in your life?	Never [0], Almost Never [1], Sometimes [2], Fairly Often [3], Very Often [4]
2. In the last month, how often have you felt confident about your ability to handle your personal problems?	Never [0], Almost Never [1], Sometimes [2], Fairly Often [3], Very Often [4]
3. In the last month, how often have you felt things were going your way?	Never [0], Almost Never [1], Sometimes [2], Fairly Often [3], Very Often [4]
4. In the last month, how often have you felt difficulties were piling up so high that you could not overcome them?	Never [0], Almost Never [1], Sometimes [2], Fairly Often [3], Very Often [4]

Instructions: The following statements describe how some individuals may think, feel, or act during and after the most stressful events in life. Please indicate how well each of these statements describe you during and after life's most stressful events.

“During and after life's most stressful events, I tend to” [RSES-3 – validated in English)

	1 Not at all like me	2 A little like me	3 Sometimes like me	4 Mostly like me	5 Exactly like me
5.... Find a way to do what's necessary to carry on.	1	2	3	4	5
6.... Know I will bounce back.	1	2	3	4	5
7. ... learn important and useful life lessons.	1	2	3	4	5

8. ...practice ways to handle it better next time	1	2	3	4	5
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9. Do you have someone with whom you can share your deepest thoughts and feelings? No=0 Yes=1

Contains Section 4a, #1-9 from the full survey, "COVID-19 Questionnaire on Impact of and Barriers to Stay at Home, Self-Isolation, and Quarantine for Vulnerable Populations"