**COVID19 IMPACT AND BARRIERS TO SELF-ISOLATION**

To be read to the participant: *THE NEXT QUESTIONS ARE ABOUT HOW COVID19 AND THE RELATED PUBLIC HEALTH MEASURES, SUCH AS SOCIAL DISTANCING AND “SHELTER IN PLACE” HAVE IMPACTED YOUR DAY-TO-DAY LIFE*

<table>
<thead>
<tr>
<th>Question</th>
<th>Instructions/Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. What are your main sources for information about coronavirus? (check all that apply)</td>
<td>Brochures, pamphlets Community organization Family Friends Co-Workers My doctor/health provider Department of Public Health Government officials: __city, __state, __federal Internet Library Magazines Social Media; which platforms? _________ TV news (including on-line); which ones? _________ Newspapers (including on-line); which ones? _________ Radio (including on-line); which ones? _________ Other _________</td>
</tr>
<tr>
<td>2. What sources, or who, do you trust the most for information about coronavirus? (check all that apply)</td>
<td>Brochures, pamphlets Community organization Family Friends Co-Workers My doctor/health provider Department of Public Health Government officials: __city, __state, __federal Internet Library Magazines Social Media; which platforms? _________ TV news (including on-line); which ones? Newspapers (including on-line); which ones? Radio (including on-line); which ones? Other _________</td>
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</table>
### 3. Which of the following, if any, do you feel the ongoing pandemic and the social distancing recommendations have negatively affected for you personally? (check all that apply)
- from KP Survey

1. Your emotional and mental health
2. Your ability to pay your rent or mortgage
3. Your ability to maintain your job
4. Your ability to access healthy food
5. Your ability to pay for medical care, including prescriptions
6. Your transportation needs
7. Your child or elder care coverage
8. Your ability to pay bills
9. Something else __________
10. Not negatively affected by the coronavirus

98. (DO NOT READ) DON'T KNOW
99. (DO NOT READ) REFUSED

### 4. What would you say is your biggest concern about money right now?

- from KP Survey

- Food (1)
- Rent or mortgage (2)
- Medical bills or medicine (3)
- Utilities (like heating (4)
- Childcare/ elder care (5)
- I don’t have any financial concerns (6)
- DON’T KNOW (88)
- REFUSED (99)

### 5. Thinking about the future, over the next 3 months, because of coronavirus pandemic, how challenging will it be to make ends meet?

- from KP Survey

- A LOT more challenging than usual (1)
- A LITTLE more challenging than usual (2)
- NO more challenging than usual (3)
- DON’T KNOW (88)
- REFUSED (99)

### 6. How much, if at all, has physically distancing yourself from others due to the coronavirus pandemic negatively affected your emotional or mental health?
- from KP Survey

1. A lot
2. Some
3. Just a little
4. Not at all
5. Have not been physically distancing myself from others

98. (DO NOT READ) DON’T KNOW
99. (DO NOT READ) REFUSED

### 7a. In the past two weeks, about how many times have you left your house and been around or interacted with individuals not in your household? (Meaning less than 6 feet for greater than 5 minutes of other people)

- multiple times per day
- once a week
- 1-3 times per week
- Once a week
- < than once a week

98. (DO NOT READ) DON’T KNOW
99. (DO NOT READ) REFUSED

### 7b. What were some of the reasons? (mark all that apply)

- Exercise
- Travel on public transit
- Social gathering (includes prayer, group worship, religion, weddings, and funerals)
8. How effective do you think the following actions are for keeping you safe from coronavirus? (4-scale likert + unsure: Very ineffective, somewhat ineffective, somewhat effective, very effective, unsure)

<table>
<thead>
<tr>
<th>Action</th>
<th>Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wearing a face mask</td>
<td>Very effective</td>
</tr>
<tr>
<td>Praying</td>
<td>Somewhat effective</td>
</tr>
<tr>
<td>Washing your hands with soap or using hand sanitizer frequently</td>
<td>Somewhat effective</td>
</tr>
<tr>
<td>Seeing a doctor if you feel sick.</td>
<td>Very effective</td>
</tr>
<tr>
<td>Seeing a doctor if you feel healthy but worry that you were exposed</td>
<td>Somewhat effective</td>
</tr>
<tr>
<td>Avoiding public spaces, gatherings, and crowds.</td>
<td>Very effective</td>
</tr>
<tr>
<td>Avoiding contact with people who could be high-risk.</td>
<td>Somewhat effective</td>
</tr>
<tr>
<td>Avoiding hospitals and clinics.</td>
<td>Very effective</td>
</tr>
<tr>
<td>Avoiding restaurants.</td>
<td>Somewhat effective</td>
</tr>
<tr>
<td>Avoiding airplanes.</td>
<td>Very effective</td>
</tr>
</tbody>
</table>

9. How safe or unsafe do you think the following actions are for avoiding exposure to coronavirus? (4-scale likert + unsure: Very unsafe, somewhat unsafe, somewhat safe, very safe, unsure)

<table>
<thead>
<tr>
<th>Action</th>
<th>Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grocery shopping</td>
<td>Very safe</td>
</tr>
<tr>
<td>Attending gatherings of more than 100 people</td>
<td>Somewhat safe</td>
</tr>
<tr>
<td>Going to the hospital</td>
<td>Very safe</td>
</tr>
<tr>
<td>Dining in at restaurants</td>
<td>Somewhat safe</td>
</tr>
<tr>
<td>Eating “take-out” meals from restaurants</td>
<td>Very safe</td>
</tr>
<tr>
<td>Visiting with relatives or friends in their home</td>
<td>Somewhat safe</td>
</tr>
<tr>
<td>Handling packages that have been delivered</td>
<td>Very safe</td>
</tr>
<tr>
<td>Playing on playground equipment</td>
<td>Somewhat safe</td>
</tr>
<tr>
<td>Touching door knobs, countertops, and other surfaces in your home</td>
<td>Very safe</td>
</tr>
<tr>
<td>Interacting closely with other members of your household</td>
<td>Somewhat safe</td>
</tr>
<tr>
<td>Going outside to walk, hike, or exercise</td>
<td>Very safe</td>
</tr>
</tbody>
</table>

10. Do you personally know anyone who has become sick from the coronavirus?

<table>
<thead>
<tr>
<th>Choice</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>1</td>
</tr>
<tr>
<td>No</td>
<td>2</td>
</tr>
</tbody>
</table>

If yes, who (select all that apply):

1. Me personally (SKIP TO ? 12)
2. A family member
3. A close friend
4. An acquaintance or coworker
5. Someone else
6. No, do not personally know anyone who has become sick

12a. If you had to, what are reasons that would make it challenging for you to self-quarantine/ isolate right now? (For each answer, select: “Yes that would be a challenge”, “No” that that would not be a challenge , “Maybe” it would be a challenge)

- Coronavirus is not that big of a deal
- I don’t want to be alone
- Fear of people finding out I have coronavirus
- Fear of getting really sick
- Access to phone or way to communicate with others
- I don’t have stable housing
- I have stable housing, but unable to isolate from other household members
- Childcare or elder care responsibilities
- Access to food
- Access to medications
- Fear of losing job
- Fear of losing income
Contains Section 7 from the full survey, “COVID-19 Questionnaire on Impact of and Barriers to Stay at Home, Self-Isolation, and Quarantine for Vulnerable Populations”