

Mobility

Please respond to the following questions about your mobility, in a typical week, about 4 weeks BEFORE the COVID-19 outbreak. There are no "right" or "wrong" responses, so please answer each question as honestly and accurately as you can.

4 weeks BEFORE the COVID-19 outbreak

	Yes, with no difficulty	Yes, with a little difficulty	Yes, with some difficulty	Yes, with much difficulty	No, I was unable to do that activity
1) Were you able to walk at a normal speed?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2) Were you able to stand up from an armless straight chair without pushing with your arms?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3) Were you able to go up and down stairs at a normal pace?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4) Were you able to go for a walk of at least 15 minutes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5) Were you able to get up from the floor from lying on your back without help?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6) Were you able to jump up and down?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7) Were you able to climb up five steps?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8) Were you able to run a short distance, such as to catch a bus?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9) Were you able to stand unsupported for 10 minutes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10) Were you able to stand for one hour?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11) Were you able to stand up on tiptoes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12) Were you able to stand unsupported for 30 minutes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13) Did your health limit you in climbing one flight of stairs?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

- 14) Did your health limit you in going for a short walk (less than 15 minutes)?
- 15) Did your health limit you in climbing several flights of stairs?

****Questions 1 – 15 above were re-numbered and were listed as questions # 52 - 66 in the original survey****

