The next questions ask how you feel about different aspects of your life. For each one, tell me how often you feel that way in a typical week BEFORE and AFTER the COVID-19 outbreak in your region.

1) A typical week BEFORE the COVID-19 outbreak, how often do you feel that you lack companionship?  
   - Hardly ever  
   - Some of the time  
   - Often

2) A typical week AFTER the COVID-19 outbreak, how often do you feel that you lack companionship?  
   - Hardly ever  
   - Some of the time  
   - Often

3) A typical week BEFORE the COVID-19 outbreak, How often do you feel left out?  
   - Hardly ever  
   - Some of the time  
   - Often

4) A typical week AFTER the COVID-19 outbreak, How often do you feel left out?  
   - Hardly ever  
   - Some of the time  
   - Often

5) A typical week BEFORE the COVID-19 outbreak, How often do you feel isolated from others?  
   - Hardly ever  
   - Some of the time  
   - Often

6) A typical week AFTER the COVID-19 outbreak, How often do you feel isolated from others?  
   - Hardly ever  
   - Some of the time  
   - Often

7) A typical week BEFORE the COVID-19 outbreak, I am content with my friendships and relationships.  
   - Strongly disagree  
   - Disagree  
   - Neutral  
   - Agree  
   - Strongly agree

8) A typical week AFTER the COVID-19 outbreak, I am content with my friendships and relationships.  
   - Strongly disagree  
   - Disagree  
   - Neutral  
   - Agree  
   - Strongly agree

9) A typical week BEFORE the COVID-19 outbreak, I have enough people I feel comfortable asking for help at any time.  
   - Strongly disagree  
   - Disagree  
   - Neutral  
   - Agree  
   - Strongly agree
<table>
<thead>
<tr>
<th></th>
<th>Question</th>
<th>Response Options</th>
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<tr>
<td>10</td>
<td>A typical week AFTER the COVID-19 outbreak, I have enough people I feel comfortable asking for help at any time.</td>
<td>Strongly disagree&lt;br&gt;Disagree&lt;br&gt;Neutral&lt;br&gt;Agree&lt;br&gt;Strongly agree</td>
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<td>11</td>
<td>A typical week BEFORE the COVID-19 outbreak, My relationships are satisfying as I would want them to be.</td>
<td>Strongly disagree&lt;br&gt;Disagree&lt;br&gt;Neutral&lt;br&gt;Agree&lt;br&gt;Strongly agree</td>
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<tr>
<td>12</td>
<td>A typical week AFTER the COVID-19 outbreak, My relationships are satisfying as I would want them to be.</td>
<td>Strongly disagree&lt;br&gt;Disagree&lt;br&gt;Neutral&lt;br&gt;Agree&lt;br&gt;Strongly agree</td>
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*Questions # 1 – 12 have been re-numbered and are listed as questions # 140-151 in original survey*