

# COVID-19 and Telemental Health Service Use Survey (CTHSUS)

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## Telemental Health Service Use

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Instructions: Telemental health services include the use of voice call, video call, text messaging, mobile app, web-based formats (e.g., website, email), internet support group or chat room to receive mental health treatment or counseling. Please answer all questions to the best of your ability. There are no right or wrong answers.

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1. How has the coronavirus (COVID-19) pandemic impacted your mental health?

- Not at all impacted (1)
  - Slightly impacted (2)
  - Somewhat impacted (3)
  - Moderately impacted (4)
  - Highly impacted (5)
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2. Have you felt the need to seek mental health treatment or counseling due to how the COVID-19 pandemic has affected your mental health?

- Yes (1)
  - No (2)
  - Refused (3)
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3. Since you were made aware of the coronavirus (COVID-19) pandemic, have you received mental health treatment or counseling by any of the methods listed below? *Select all that apply.*

- Voice call (1)
  - Video call (2)
  - Text messaging (3)
  - Other, please specify (4)
- 

- Mobile app (5)
- Web-based formats (e.g., website, email) (6)
- Internet support group or chat room (7)
- I did not use any of these methods (8)

*Skip To: Q25 If Since you were made aware of the coronavirus (COVID-19) pandemic, have you received mental health... = I did not use any of these methods*

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*Display This Question:*

*If Q3 Since you were made aware of the coronavirus (COVID-19) pandemic, have you received mental health... = Voice call*

4. Since you were made aware of the coronavirus (COVID-19) pandemic, how often have you used a voice call to receive mental health treatment or counseling?

- Less than once per month (1)
  - 1-2 times per month (2)
  - 3-4 times per month (3)
  - 5 or more times per month (4)
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*Display This Question:*

*If Q3 Since you were made aware of the coronavirus (COVID-19) pandemic, have you received mental health... = Video call*

5. Since you were made aware of the coronavirus (COVID-19) pandemic, how often have you used a video call to receive mental health treatment or counseling?

- Less than once per month (1)
  - 1-2 times per month (2)
  - 3-4 times per month (3)
  - 5 or more times per month (4)
-

*Display This Question:*

*If Q3 Since you were made aware of the coronavirus (COVID-19) pandemic, have you received mental health... = Text messaging*

6. Since you were made aware of the coronavirus (COVID-19) pandemic, how often have you used text messaging to receive mental health treatment or counseling?

- Less than once per month (1)
  - 1-2 times per month (2)
  - 3-4 times per month (3)
  - 5 or more times per month (4)
- 

*Display This Question:*

*If Q3 Since you were made aware of the coronavirus (COVID-19) pandemic, have you received mental health... = Mobile app*

7. Since you were made aware of the coronavirus (COVID-19) pandemic, how often have you used a mobile app to receive mental health treatment or counseling?

- Less than once per month (1)
  - 1-2 times per month (2)
  - 3-4 times per month (3)
  - 5 or more times per month (4)
-

*Display This Question:*

*If Q3 Since you were made aware of the coronavirus (COVID-19) pandemic, have you received mental health... = Web-based formats (e.g., website, email)*

8. Since you were made aware of the coronavirus (COVID-19) pandemic, how often have you used a web-based format (e.g., website, email) to receive mental health treatment or counseling?

- Less than once per month (1)
  - 1-2 times per month (2)
  - 3-4 times per month (3)
  - 5 or more times per month (4)
- 

*Display This Question:*

*If Q3 Since you were made aware of the coronavirus (COVID-19) pandemic, have you received mental health... = Internet support group or chat room*

9. Since you were made aware of the coronavirus (COVID-19) pandemic, how often have you used an internet support group or chat room to receive mental health treatment or counseling?

- Less than once per month (1)
  - 1-2 times per month (2)
  - 3-4 times per month (3)
  - 5 or more times per month (4)
-

*Display This Question:*

*If Q3 Since you were made aware of the coronavirus (COVID-19) pandemic, have you received mental health... Other, please specify Is Not Empty*

10. Since you were made aware of the coronavirus (COVID-19) pandemic, how often have you used a [{Q3/TextEntryValue/4}](#) to receive mental health treatment or counseling?

- Less than once per month (1)
  - 1-2 times per month (2)
  - 3-4 times per month (3)
  - 5 or more times per month (4)
- 

**Contains questions 1-10 from full survey**