

# COVID-19 Impact on Health and Wellbeing Survey

This is section 3 of 17. This section of the survey will ask you questions about how you have been feeling for the past couple of weeks.

When you're ready to move on, click the submit button at the end of this section.

## Over the past two weeks, how often have you been bothered by any of the following problems?

Feeling nervous, anxious, or on edge

- Not at all
- Several days
- More than half the days
- Nearly every day

Not being able to stop or control worrying

- Not at all
- Several days
- More than half the days
- Nearly every day

Worrying too much about different things

- Not at all
- Several days
- More than half the days
- Nearly every day

Trouble relaxing

- Not at all
- Several days
- More than half the days
- Nearly every day

Being so restless that it's hard to sit still

- Not at all
- Several days
- More than half the days
- Nearly every day

Becoming easily annoyed or irritable

- Not at all
- Several days
- More than half the days
- Nearly every day

Feeling afraid as if something awful might happen

- Not at all
- Several days
- More than half the days
- Nearly every day