

## COVID-19 measures included in the PACE Vermont Study

Measure	Response options	Source	Notes
<b>COVID-19 concerns</b>			
How concerned about coronavirus (COVID-19) are you for your own health?	1 (not at all) to 10 (extremely)	*New*	
How concerned about coronavirus (COVID-19) are you for the health of your family?	1 (not at all) to 10 (extremely)	*New*	
Please choose one option per row. <b>The novel coronavirus (COVID-19) to me feels ...</b>	Close to me [*] [*] [*] [*] [*] [*] Far away from me New [*] [*] [*] [*] [*] Old Spreading fast [*] [*] [*] [*] [*] Spreading slowly Something I think about all the time [*] [*] [*] [*] [*] [*] Something I almost never think about Fear-inducing [*] [*] [*] [*] [*] Not fear-inducing Media hyped [*] [*] [*] [*] [*] Not media hyped Worrying [*] [*] [*] [*] [*] Not worrying Something that makes me feel helpless [*] [*] [*] [*] [*] Something I am able to combat with my own action Stressful [*] [*] [*] [*] [*] Not stressful	World Health Organization  <a href="http://www.euro.who.int/__data/assets/pdf_file/0007/436705/COVID-19-survey-tool-and-guidance.pdf?ua=1">http://www.euro.who.int/__data/assets/pdf_file/0007/436705/COVID-19-survey-tool-and-guidance.pdf?ua=1</a>	
Since the start of the COVID-19 pandemic, how much have the following things in your life been difficult for you?  1. Cancellation of important events (such as graduation, prom, vacation, etc.) 2. Changes in daily activities (e.g., afterschool activities, online school, sports)	1. Not at all 2. Slightly 3. Moderately 4. Very 5. Extremely	CRISIS <a href="https://www.nlm.nih.gov/dr2/CRISIS_Adult_Self-Report_Baseline_Current_Form_V0.3.pdf">https://www.nlm.nih.gov/dr2/CRISIS_Adult_Self-Report_Baseline_Current_Form_V0.3.pdf</a>	

<p>3. Financial (money) problems for you or your family</p>			
<p>Since the start of the COVID-19 pandemic, to what degree have you been concerned about the following?</p> <ol style="list-style-type: none"> <li>1. The stability of your living situation (or having to move)?</li> <li>2. The impact of COVID-19 on your school or work?</li> <li>3. Whether your food would run out because of a lack of money?</li> </ol>	<ol style="list-style-type: none"> <li>1. Not at all</li> <li>2. Slightly</li> <li>3. Moderately</li> <li>4. Very</li> <li>5. Extremely</li> </ol>	<p style="text-align: center;">CRISIS  <a href="https://www.nlm.nih.gov/dr2/CRISIS_Adult_Self-Report_Baseline_Current_Form_V0.3.pdf">https://www.nlm.nih.gov/dr2/CRISIS_Adult_Self-Report_Baseline_Current_Form_V0.3.pdf</a></p>	
<p>COVID-19 may have many impacts on you and your family life. In general, how has the COVID-19 pandemic affected each of the following?</p> <ol style="list-style-type: none"> <li>1. How family/household members get along</li> <li>2. Ability to care for your health</li> <li>3. Ability to be independent</li> <li>4. Ability to care for others in your family</li> <li>5. Your physical wellbeing – sedentary behavior (lack of movement, screen time, sitting, laying down)</li> <li>6. Your physical wellbeing – exercise/physical activity</li> <li>7. Your physical wellbeing – eating</li> <li>8. Your physical wellbeing – sleeping</li> <li>9. Your physical wellbeing – substance use (smoking/vaping, drinking alcohol, marijuana use, etc.)</li> <li>10. Your emotional wellbeing – anxiety/worry</li> <li>11. Your emotional wellbeing – mood</li> <li>12. Your emotional wellbeing – loneliness</li> </ol>	<ol style="list-style-type: none"> <li>1. Made it a lot better</li> <li>2. Made it a little better</li> <li>3. Made it a little worse</li> <li>4. Made it a lot worse</li> <li>5. Not applicable</li> </ol>	<p style="text-align: center;">CEFIS-AYA (<a href="https://www.healthcaretoolbox.org/images/CEFIS-AYA_English_051820_final_sample.pdf">https://www.healthcaretoolbox.org/images/CEFIS-AYA_English_051820_final_sample.pdf</a>)</p>	

<p>13. Your social well-being – relationships with friends</p> <p>14. Your social well-being – romantic relationships or dating</p>			
<p>Overall, how much distress have you experienced related to COVID-19?</p>	<p>1 (No distress) to 10 (Extreme distress)</p>	<p>CEFIS-AYA (<a href="https://www.healthcaretoolbox.org/images/CEFIS-AYA_English_051820_final_sample.pdf">https://www.healthcaretoolbox.org/images/CEFIS-AYA_English_051820_final_sample.pdf</a>)</p>	
<p>Please describe anything else that concerns you about the impact of Coronavirus/COVID-19 on you, your friends, or family.</p>	<p>[open ended]</p>	<p>CRISIS</p>	
<p>What are you most looking forward to at the end of the COVID-19 pandemic?</p>	<p>[open ended]</p>	<p>*New*</p>	