Attribution of Symptoms⁴¹

Listed below are conditions you may or may not have ever experienced. For each condition, please circle the letter next to each reason or group of reasons that *corresponds to how much that might explain your* condition. Please check every item for each question. Also, answer whether you have had the condition in the last [3 months] by circling A (YES) or B (NO). Please answer all questions.

A (Not at all) B (Somewhat) C (Quite a bit) D (A great deal)

| | Not at all | Somewhat | Quite a bit | A great deal |
|---|------------|----------|-------------|-----------------|
| If I had a prolonged headache, I would probably think that it is | | | | |
| because: | | | | |
| I am emotionally upset | | | | |
| There is something wrong with muscles nerves or brain | | | | |
| A loud noise, bright light or something else has irritated me | | | | |
| It's an effect of living during a pandemic | | | | |
| It's part of being pregnant | | | | |
| It's part of being postpartum | | | | |
| I have acute COVID-19 | | | | |
| I have "long COVID" | | | | |
| Have you had a prolonged headache in the last 3 months? N/Y | N | | , | Y |
| If I was sweating a lot, I would probably think that it is because: | | | | |
| I must have a fever or infection | | | | |
| I'm anxious or nervous | | | | |
| The room is too warm, I'm overdressed or working too hard | | | | |
| It's an effect of living during a pandemic | | | | |
| It's part of being pregnant | | | | |
| It's part of being postpartum | | | | |
| I have acute COVID-19 | | | | |
| I have "long COVID" | | | | |
| Have you noticed yourself sweating a lot in the last 3 months? N/Y | N | | , | Y |
| If I got dizzy all of a sudden, I would probably think it is because: | | | | |
| There is something wrong with my heart or blood pressure | | | | |
| I am not eating enough or I got up too quickly | | | | |
| I must be under a lot of stress | | | | |
| It's an effect of living during a pandemic | | | | |
| It's part of being pregnant | | | | |
| It's part of being postpartum | | | | |

⁴¹ Adapted from <u>Symptom Interpretation Questionnaire</u>

| Have You felt dizzy in the last 3 months? N/Y | Lhous souts COVID 10 | 1 | |
|--|---|-----|---|
| Have you felt dizzy in the last 3 months? N/Y If I noticed my mouth was dry, I would probably think that it is because: I must be scared or anxious about something I need to drink more liquids There is something wrong with my salivary glands It's an effect of living during a pandemic It's part of being pregnant I nave acute COVID-19 I have you had a dry mouth in the last 3 months? N/Y If i felt my heart pounding in my chest, I would probably think that it is because: I've exerted myself or drunk a lot of coffee I must be excited or afraid There must be something wrong with my heart It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I reel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being postpartum I have acute COVID-19 I have line or my blood is weak It's an effect of living during a pandemic It's part of being postpartum I have acute COVID-19 I have you felt fatigued in the last 3 months? N/Y I have you felt fatigued in the last 3 months? N/Y I'm emotionally exhausted or discouraged I'm emotionally exhausted or discouraged I'm emotionally exhausted or discouraged I'm spart of being postpartum I have acute COVID-19 I have 'nong COVID' I have you felt fatigued in the last 3 months? N/Y I'm emotionally exhausted or flex of living during a pandemic It's part of being postpartum I have acute COVID-19 I have you felt fatigued in the last 3 months? N/Y I had rough spandant I'm emotionally exhaust | I have acute COVID-19 | | |
| If noticed my mouth was dry, I would probably think that it is because: I must be scared or anxious about something I need to drink more liquids There is something wrong with my salivary glands It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" I have "long COVID" If I felt my heart pounding in my chest, I would probably think that it is because: I've exerted myself or drunk a lot of coffee I must be excited or afraid There must be something wrong with my heart It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" I have "long COVID" I have vou noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y I'm Hort of the ing postpartum I have acute of living during a pandemic It's part of being postpartum I have acute of living during a pandemic It's part of being postpartum I have acute of living during a pandemic It's part of being postpartum I have one for foliving during a pandemic It's part of being postpartum I have out of the understand in the last 3 months? N/Y I'm alve you felt fatigued in the last 3 months? N/Y I'm alve you onticed your hands trembling in the last 3 months? N/Y I'm | | | |
| Decause: | | N N | Y |
| I must be scared or anxious about something I need to drink more liquids If sent of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" I Have you had a dry mouth in the last 3 months? N/Y If I felt my heart pounding in my chest, I would probably think that it is because: I've exerted myself or drunk a lot of coffee I must be excited or afraid It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" I have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's nemotional persupatum I have acute COVID-19 I have "In noticed my hand trembling, I would probably think that it is because: I'm emotional persupatum I have used to flying during a pandemic It's part of being pregnant It's an effect of living during a pandemic It's an effect of living during a pandemic It's part of being pregnant It's an effect of living during a pandemic It's part of being pregnant It's part of being p | | | |
| Insed to drink more liquids There is something wrong with my salivary glands It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum Ihave acute COVID-19 Ihave "long COVID" Have you had a dry mouth in the last 3 months? N/Y If I felt my heart pounding in my chest, I would probably think that it is because: If severed myself or drunk a lot of coffee I must be excited or afraid There must be something wrong with my heart It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant It's part of being postpartum Ihave caute COVID-19 I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If nemotionally exhausted or discouraged I've been over-exerted myself or not exercising enough It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being postpartum I have acute COVID-19 I have "long COVID" I have "long COVID" I have you felt fatigued in the last 3 months? N/Y N Y If I noticed my hand trembling, I would probably think that it is because: I'm the muscles in my hand are tired It's an effect of living during a pandemic I'm very nervous The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have you felt fatigued in the last 3 months? N/Y N Y If I noticed my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have you enclosed your hands trembling in the last 3 months? N/Y N Y If I had trouble sleeping, I would probably think that is it | | | |
| There is something wrong with my salivary glands It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum Ihave acute COVID-19 Ihave 'long COVID' Have you had a dry mouth in the last 3 months? N/Y If I felt my heart pounding in my chest, I would probably think that it is because: I've exerted myself or drunk a lot of coffee I must be excited or afraid It's an effect of living during a pandemic It's an effect of living during a pandemic It's part of being postpartum I have acute COVID-19 I have 'long COVID' I have vou noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have 'long COVID' Have you noticed your heart pounding in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I'm emotionally exhausted or discouraged It's part of being pregnant I'm very nervous I have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous I'm emplected in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant It's part of being pregnant I'm very nervous I have 'long COVID' I have you roticed your hands trembling in the last 3 months? N/Y If I noticed being pregnant I have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | | | |
| It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum Ihave acute COVID-19 Ihave "long COVID" Ihave "long COVID" Ihave "long COVID" If I felt my heart pounding in my chest, I would probably think that it is because: I've exerted myself or drunk a lot of coffee Imust be excited or afraid There must be something wrong with my heart It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum Ihave acute COVID-19 Have you noticed your heart pounding in the last 3 months? N/Y I've been over-exerted myself or not exercising enough I've been over-exerted myself or not exercising enough I've been over-exerted myself or not exercising enough I've part of being postpartum Ihave acute COVID-19 Ihave "long COVID" I've been over-exerted myself or not exercising enough I've been over-exerted myself or not exercising enough I've been over-exerted myself or not exercising enough I've part of being pregnant It's part of being postpartum Ihave acute COVID-19 Ihave "long COVID" Ihave "long COVID" Ihave "long covid" I'm anemic or my blood is weak It's an effect of living during a pandemic I's part of being pregnant I've part of being postpartum Ihave acute COVID-19 Ihave "long COVID" Ihave "long COVID" Ihave "long COVID" Ihave "long Covid" I've part of being pregnant I've part of being | | | |
| It's part of being pregnant It's part of being postpartum Ihave acute COVID-19 Ihave "long COVID" Have you had a dry mouth in the last 3 months? N/Y If i felt my heart pounding in my chest, I would probably think that it is because: I've exerted myself or drunk a lot of coffee Imust be excited or afraid There must be something wrong with my heart It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant It's part of being postpartum Ihave acute COVID-19 Ihave "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant It's part of being pregnant It's part of being postpartum Ihave acute COVID-19 Ihave "long COVID" I'm price of living during a pandemic It's part of being pregnant | | | |
| It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you had a dry mouth in the last 3 months? N/Y If I felt my heart pounding in my chest, I would probably think that it is because: I've exerted myself or drunk a lot of coffee I must be excited or afraid There must be something wrong with my heart It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I'm shave some sort of neurological problem I'm anemic or my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" | | | |
| I have "long COVID" I have "long COVID" I felt my heart pounding in my chest, I would probably think that it is because: I've exerted myself or funk a lot of coffee I must be excited or afraid There must be something wrong with my heart It's an effect of living during a pandemic It's part of being pregnant I's part of being postpartum I have acute COVID-19 Have you noticed your heart pounding in the last 3 months? N/Y I'f I felf fatigued, I would probably think that it is because: I'f's part of being pregnant I'f's part of being pregnant I'f's part of being have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'f' me motionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felf fatigued in the last 3 months? N/Y N Y If I noticed my hand trembling, I would probably think that it is because: I'm very nervous I'm very nervous I'm being pregnant It's an effect of living during a pandemic It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" I have pound thands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | | | |
| I have "long COVID" Have you had a dry mouth in the last 3 months? N/Y If I felt my heart pounding in my chest, I would probably think that it is because: I've exerted myself or drunk a lot of coffee I must be excited or afraid There must be something wrong with my heart It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant I's part of being postpartum I have acute COVID-19 Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough It's part of being pregnant It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's part of being pregnant If noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's part of being pregnant | | | |
| Have you had a dry mouth in the last 3 months? N/Y If I felt my heart pounding in my chest, I would probably think that it is because: I've exerted myself or drunk a lot of coffee Imust be excited or afraid There must be something wrong with my heart It's an effect of living during a pandemic It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" I have you noticed your heart pounding in the last 3 months? N/Y I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant It's part of being pregnant I have acute COVID-19 I have "long COVID" I have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I'm very nervous The muscles in my hand are tired It's part of being pregnant It's part | | | |
| If I felt my heart pounding in my chest, I would probably think that it is because: I'we exerted myself or drunk a lot of coffee I must be excited or afraid There must be something wrong with my heart It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant I's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's part of being postpartum I have acute COVID-19 I have for indicating a pandemic It's part of being pregnant It's part of being postpartum I have acute that is in the last 3 months? N/Y If I moticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's part of being postpartum I have acute cOVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y N Y If I had trouble sleeping, I would probably think that is it | | | |
| that it is because: I've exerted myself or drunk a lot of coffee I'must be excited or afraid There must be something wrong with my heart It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant I's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I'm unst have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's part of being postpartum I have felt fatigue din the last 3 months? N/Y If noticed my hand trembling, I would probably think that it is because: It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant It's part of being pregnant It's part of being postpartum I have you roticed your hands trembling in the last 3 months? N/Y N Y If I had trouble sleeping, I would probably think that is it | | N | Y |
| I've exerted myself or drunk a lot of coffee I must be excited or afraid There must be something wrong with my heart It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y N Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's part of being pregnant It's part of being pregnant I'm serving double in the last 3 months? N/Y N Y If I noticed my hand are tired I'm serving during a pandemic I's part of being pregnant It's part of being pregnant | | | |
| I must be excited or afraid There must be something wrong with my heart It's an effect of living during a pandemic It's part of being postpartum It have acute COVID-19 I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I're anemic or my blood is weak It's an effect of living during a pandemic It's part of being postpartum Ithave acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I'm noticed my hand trembling, I would probably think that it is because: I'm one covid my hand are tired It's an effect of living during a pandemic I're year of being pregnant I're year of year year year year year year year year | | | |
| There must be something wrong with my heart It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant It's part of being postpartum Ithave acute COVID-19 I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you roticed your hands trembling in the last 3 months? N/Y If I noticed my hand are tired It's part of being pregnant It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | | | |
| It's an effect of living during a pandemic It's part of being pregnant It's part of being pregnant It's part of being postpartum Ihave acute COVID-19 I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's part of being postpartum It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y N Y If I had trouble sleeping, I would probably think that is it | | | |
| It's part of being pregnant It's part of being postpartum Ihave acute COVID-19 I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum Ihave acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I'm ust have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's part of being postpartum It's part of being pregnant It's part of being postpartum It's an effect of living during a pandemic It's part of being postpartum It have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y N Y If I had trouble sleeping, I would probably think that is it | | | |
| It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y N Y If I had trouble sleeping, I would probably think that is it | <u> </u> | | |
| I have acute COVID-19 I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I fel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's part of being pregnant It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" I have "long COVID" I have "long covID-19 I have "long COVID" I have gou noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | | | |
| I have "long COVID" Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's part of being pregnant Ithave acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y N Y If I had trouble sleeping, I would probably think that is it | | | |
| Have you noticed your heart pounding in the last 3 months? N/Y If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y N Y If I had trouble sleeping, I would probably think that is it | | | |
| If I feel fatigued, I would probably think that it is because: I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y N Y If I had trouble sleeping, I would probably think that is it | I have "long COVID" | | |
| I'm emotionally exhausted or discouraged I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | Have you noticed your heart pounding in the last 3 months? N/Y | N | Y |
| I've been over-exerted myself or not exercising enough I'm anemic or my blood is weak It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's part of being pregnant It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y N Y If I had trouble sleeping, I would probably think that is it | | | |
| It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | | | |
| It's part of being pregnant It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | · · · · · · · · · · · · · · · · · · · | | |
| It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | I'm anemic or my blood is weak | | |
| It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | It's an effect of living during a pandemic | | |
| I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | It's part of being pregnant | | |
| I have "long COVID" Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | It's part of being postpartum | | |
| Have you felt fatigued in the last 3 months? N/Y If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | I have acute COVID-19 | | |
| If I noticed my hand trembling, I would probably think that it is because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | I have "long COVID" | | |
| because: I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | Have you felt fatigued in the last 3 months? N/Y | N | Υ |
| I must have some sort of neurological problem I'm very nervous The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | If I noticed my hand trembling, I would probably think that it is | | |
| I'm very nervous The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | because: | | |
| The muscles in my hand are tired It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | I must have some sort of neurological problem | | |
| It's an effect of living during a pandemic It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | I'm very nervous | | |
| It's part of being pregnant It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | The muscles in my hand are tired | | |
| It's part of being postpartum I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | It's an effect of living during a pandemic | | |
| I have acute COVID-19 I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | It's part of being pregnant | | |
| I have "long COVID" Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | It's part of being postpartum | | |
| Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | I have acute COVID-19 | | |
| Have you noticed your hands trembling in the last 3 months? N/Y If I had trouble sleeping, I would probably think that is it | I have "long COVID" | | |
| If I had trouble sleeping, I would probably think that is it | | N | Y |
| | | | |
| because. | because: | | |
| Some kind of pain or physical discomfort is keeping me awake | Some kind of pain or physical discomfort is keeping me awake | | |
| I'm not tired or I had too much coffee | I'm not tired or I had too much coffee | | |
| I'm worrying too much or I must be nervous about something | I'm worrying too much or I must be nervous about something | | |

| We are effect of their advantage and density | | |
|---|--------------|------|
| It's an effect of living during a pandemic | | |
| It's part of being pregnant | | |
| It's part of being postpartum | | |
| I have acute COVID-19 | | |
| I have "long COVID" | | |
| Have you had trouble sleeping in the last 3 months? N/Y | N | Y |
| If my stomach was upset, I would probably think that it is | | |
| because: | | |
| I've worried myself sick | | |
| I have the flu or stomach irritation | | |
| I've had something to eat that did not agree with me | | |
| It's an effect of living during a pandemic | | |
| It's part of being pregnant | | |
| It's part of being postpartum | | |
| I have acute COVID-19 | | |
| I have "long COVID" | | |
| Have you had an upset stomach in the last 3 months? N/Y | N | Υ |
| If I lost my appetite, I would probably think that it is because: | | |
| I've been eating too much or my body doesn't need as much food | | |
| as before | | |
| I'm worrying so much that food doesn't taste good any more | | |
| I have some stomach or intestinal problem | | |
| It's an effect of living during a pandemic | | |
| It's part of being pregnant | | |
| It's part of being postpartum | | |
| I have acute COVID-19 | | |
| I have "long COVID" | | |
| Have you lost your appetite in the last 3 months? N/Y | N | Y |
| If I had a hard time catching my breath, I would probably think | | |
| that it is because: | | |
| My lungs are congested from infection, irritation, or heart trouble | | |
| The room is stuffy or there is too much pollution in the air | | |
| I'm over excited or anxious | | |
| It's an effect of living during a pandemic | | |
| It's part of being pregnant | | |
| It's part of being postpartum | | |
| I have acute COVID-19 | | |
| I have "long COVID" | | |
| Have you had a hard time catching your breath in the last 3 | N | Y |
| months? N/Y | | |
| If I noticed numbness or tingling in my hands or feet, I would | | |
| probably think that it is because: | | |
| I'm under emotional stress | | |
| There is something wrong with my nerves or blood circulation | | |
| I am cold or my hand or foot went to sleep | | |
| It's an effect of living during a pandemic | | |
| It's part of being pregnant | | |
| It's part of being postpartum | | |
| I have acute COVID-19 | | |
| I have "long COVID" | | |
| | ı | |

| Have you had numbness or tingling in your hands or feet in the | N | Y | |
|--|---|---|--|
| last 3 months? N/Y | | | |
| If I was constipated or irregular, I would probably think that it is | | | |
| because: | | | |
| There is not enough fruit or fiber in my diet | | | |
| Nervous tension is keeping me from being regular | | | |
| There is something wrong with my bowels or intestines | | | |
| It's an effect of living during a pandemic | | | |
| It's part of being pregnant | | | |
| It's part of being postpartum | | | |
| I have acute COVID-19 | | | |
| I have "long COVID" | | | |
| Have you been constipated or irregular in the last 3 months? N/Y | N | Υ | |

 43 Adapted by PRAMS Phase 8 Standard Questionnaire