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| **About the Measure** | |
| **Domain:** | Sickle Cell Disease: Psychosocial and Social Determinants of Health |
| **Measure:** | Self-Perception Profile |
| **Definition:** | A measure to assess subjective perceptions of self-competence and self-worth broadly, as well as across specific contexts and domains. |
| **Purpose:** | This measure assesses an individual’s appraisals and beliefs about their self-competence and self-worth, which can have a significant impact on their emotional, social, and physical well-being. These factors are not only potential intervention targets for therapeutic and psychological treatments, but also reflect life satisfaction and general health. |
| **Essential PhenX Measures:** | Current Age (10101)  Biological Sex Assigned at Birth (11601)  Gender Identity (11801) |
| **Related PhenX Measures:** | Not applicable. |
| **Measure Release Date:** |  |

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| **About the Protocol** | |
| **Protocol Release Date:** |  |
| **PhenX Protocol Name:** | Self-Perception Profile - Child |
| **Keywords:** | Not applicable. |
| **Protocol Name from Source:** | Self-Perception Profile for Children |
| **Description:** | The Self-Perception Profile for Children is a 36-item, self-administered questionnaire that is made up of six domain-specific subscales that consist of Scholastic Competence, Athletic Competence, Social Competence, Physical Appearance, Behavioral Conduct, and Global Self-Worth. The question format is unique to this assessment, known as a “structured alternative format,” in which the participant is given a range of response choices. The participant reviews statements that describe habits that gauge self-perception across many domains and select a choice on **ONE** side they best believe describes themselves. |
| **Specific Instructions:** | The scale may be administered in groups, such as classroom units, or individually. Children should be informed this is a survey and not a test. It may be helpful to read some or all of the items to respondents. It is important to complete an example item at the start to ensure comprehension of instructions and review completed questionnaires to verify that **BOTH SIDES ARE NOT CHECKED (i.e., there should only be one response for each item)**. |
| **Protocol:** | **What I Am Like**  Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age\_\_\_\_\_\_ Birthday\_\_\_\_\_\_\_\_\_\_ [ ] Boy [ ] Girl  Month Day (check one)   |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | |  | **Really True for me** | **Sort of True for me** |  | | | **Sort of True for Me** | **Really True for me** | | **Sample Sentence** | | | | | | | | | a. | [ ] | [ ] | Some kids would rather play outdoors in their spare time | **BUT** | Other kids would rather watch T.V. | [ ] | [ ] | | 1. | [ ] | [ ] | Some kids feel that they are very good at their school work | **BUT** | Other kids worry about whether they can do the school work assigned to them | [ ] | [ ] | | 2. | [ ] | [ ] | Some kids find it hard to make friends | **BUT** | Other kids find it pretty easy to make friends | [ ] | [ ] | | 3. | [ ] | [ ] | Some kids do very well at all kinds of sports | **BUT** | Other kids don’t feel that they are very good when it comes to sports | [ ] | [ ] | | 4. | [ ] | [ ] | Some kids are happy with the way they look | **BUT** | Other kids are not happy with the way they look | [ ] | [ ] | | 5. | [ ] | [ ] | Some kids often do not like the way they behave | **BUT** | Other kids usually like the way they behave | [ ] | [ ] | | 6. | [ ] | [ ] | Some kids are often unhappy with themselves | **BUT** | Other kids are pretty pleased with themselves | [ ] | [ ] | | 7. | [ ] | [ ] | Some kids feel like they are just as smart as other kids their age | **BUT** | Other kids aren’t so sure and wonder if they are as smart | [ ] | [ ] | | 8. | [ ] | [ ] | Some kids know how to make classmates like them | **BUT** | Other kids don’t know how to make classmates like them | [ ] | [ ] | | 9. | [ ] | [ ] | Some kids wish they could be a lot better at sports | **BUT** | Other kids feel they are good enough at sports | [ ] | [ ] | | 10. | [ ] | [ ] | Some kids are happy with their height and weight | **BUT** | Other kids wish their height or weight were different | [ ] | [ ] | | 11. | [ ] | [ ] | Some kids usually do the right thing | **BUT** | Other kids often don’t do the right thing | [ ] | [ ] | | 12. | [ ] | [ ] | Some kids don’t like the way they are leading their life | **BUT** | Other kids do like the way they are leading their life | [ ] | [ ] | | 13. | [ ] | [ ] | Some kids are pretty slow in finishing their school work | **BUT** | Other kids can do their school work quickly | [ ] | [ ] | | 14. | [ ] | [ ] | Some kids don’t have the social skills to make friends | **BUT** | Other kids do have the social skills to make friends | [ ] | [ ] | | 15. | [ ] | [ ] | Some kids think they could do well at just about any new sports activity they haven’t tried before | **BUT** | Other kids are afraid they might not do well at sports they haven’t ever tried | [ ] | [ ] | | 16. | [ ] | [ ] | Some kids wish their body was different | **BUT** | Other kids like their body the way it is | [ ] | [ ] | | 17. | [ ] | [ ] | Some kids usually act the way they know they are supposed to | **BUT** | Other kids often don’t act the way they are supposed to | [ ] | [ ] | | 18. | [ ] | [ ] | Some kids are happy with themselves as a person | **BUT** | Other kids are often not happy with themselves | [ ] | [ ] | | 19. | [ ] | [ ] | Some kids often forget what they learn | **BUT** | Other kids can remember things easily | [ ] | [ ] | | 20. | [ ] | [ ] | Some kids understand how to get peers to accept them | **BUT** | Other kids don’t understand how to get peers to accept them | [ ] | [ ] | | 21. | [ ] | [ ] | Some kids feel that they are better than others their age at sports | **BUT** | Other kids don’t feel they can play as well | [ ] | [ ] | | 22. | [ ] | [ ] | Some kids wish their physical appearance (how they look) was different | **BUT** | Other kids like their physical appearance the way it is | [ ] | [ ] | | 23. | [ ] | [ ] | Some kids usually get in trouble because of things they do | **BUT** | Other kids usually don’t do things that get them in trouble | [ ] | [ ] | | 24. | [ ] | [ ] | Some kids like the kind of person they are | **BUT** | Other kids often wish they were someone else | [ ] | [ ] | | 25. | [ ] | [ ] | Some kids do very well at their classwork | **BUT** | Other kids don’t do very well at their classwork | [ ] | [ ] | | 26. | [ ] | [ ] | Some kids wish they knew how to make more friends | **BUT** | Other kids know how to make as many friends as they want | [ ] | [ ] | | 27. | [ ] | [ ] | In games and sports some kids usually watch instead of play | **BUT** | Other kids usually play rather than just watch | [ ] | [ ] | | 28. | [ ] | [ ] | Some kids wish something about their face or hair looked different | **BUT** | Other kids like their face and hair the way they are | [ ] | [ ] | | 29. | [ ] | [ ] | Some kids do things they know they shouldn’t do | **BUT** | Other kids hardly ever do things they know they shouldn’t do | [ ] | [ ] | | 30. | [ ] | [ ] | Some kids are very happy being the way they are | **BUT** | Other kids wish they were different | [ ] | [ ] | | 31. | [ ] | [ ] | Some kids have trouble figuring out the answers in school | **BUT** | Other kids almost always can figure out the answers | [ ] | [ ] | | 32. | [ ] | [ ] | Some kids know how to become popular | **BUT** | Other kids do not know how to become popular | [ ] | [ ] | | 33. | [ ] | [ ] | Some kids don’t do well at new outdoor games | **BUT** | Other kids are good at new games right away | [ ] | [ ] | | 34. | [ ] | [ ] | Some kids think that they are good looking | **BUT** | Other kids think that they are not very good looking | [ ] | [ ] | | 35. | [ ] | [ ] | Some kids behave themselves very well | **BUT** | Other kids often find it hard to behave themselves | [ ] | [ ] | | 36. | [ ] | [ ] | Some kids are not very happy with the way they do a lot of things | **BUT** | Other kids think the way they do things is fine | [ ] | [ ] |   Susan Harter, Ph.D., University of Denver, 2012  A scoring key can be found in the appendix section of the manuals, located here: <https://portfolio.du.edu/SusanHarter/page/44210>. |
| **Selection Rationale:** | The Self-Perception Profile for Children is a reliable and validated self-administered questionnaire that is easy to administer and score. |
| **Source:** | Harter, S. (2012). *Self-perception profile for children: Manual and Questionnaires (Revision of the self-perception profile for children, 1985)*. University of Denver Press. |
| **Availability:** | Available |
| **Life Stage:** | Children |
| **Language:** | English |
| **Participant:** | Children, ages 8-13 |
| **Personnel and Training Required:** | None |
| **Equipment Needs:** | None |
| **General References:** | Thompson, R. J., Jr., Gustafson, K. E., Gil, K. M., Godfrey, J., & Murphy, L. M. (1998). Illness specific patterns of psychological adjustment and cognitive adaptational processes in children with cystic fibrosis and sickle cell disease. *Journal of Clinical Psychology, 54*(1), 121-128. [https://doi.org/10.1002/(SICI)1097-4679(199801)54:1<121::AID-JCLP14>3.0.CO;2-M](https://doi.org/10.1002/(SICI)1097-4679(199801)54:1%3C121::AID-JCLP14%3E3.0.CO;2-M) |
| **Mode of Administration:** | Self-administered questionnaire |
| **Derived Variables:** | Not applicable. |
| **Requirements:** | |  |  | | --- | --- | | **Requirements Category** | **Required (Yes/No):** | | Major equipment | No | | Specialized training | No | | Specialized requirements for biospecimen collection | No | | Average time of greater than 15 minutes in an unaffected individual | No | |
| **Annotations for Specific Conditions:** | Not applicable. |
| **Process and Review:** | Not applicable. |